

Silk & Satin

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Island - Eddy Raven



FORWARD; CHA-CHA-CHA; FORWARD; ROCK BACK; HOLD; SWITCH; BACK; HOLD; SWITCH

1-2&3 Step right forward; step left forward; step right next to left; step left slightly forward
4-5-6 Step right forward; rock back on left; hold*
&7-8& Step right next to left; step left back; hold; step right next to left

Optional Hat Trick: Counts 5 through 8--Place left hand on belt buckle or at center waist with left elbow pointing outward; hold brim of hat with right hand.

ROCK BACK; FORWARD CHA-CHA-CHA; SIDE LEFT; ROCK RIGHT; CROSS; &; CROSS; STEP

1-2&3 Rock back on left; step right forward; step left next to right; step right forward
4-5 Step left to left side; step right to right side
6&7-8 Cross left in front of right; step right to right side (keep right toe back from left heel); cross left in front of right; step right to right side

ROCK; ROCK; POINT; HOLD; ROCK; ROCK; SIDE; ¼ RIGHT PIVOT

1-2 Step left behind right and rock onto left; rock onto right at center
3-4 Point left to left side; hold*
5-6 Step left behind right and rock onto left; rock onto right at center
7-8 Step left to left side (put weight on both feet); pivot ¼ turn right on the balls of both feet

Optional Hat Trick: Counts and 3 and 4--Hold brim of hat with right hand; or, take hat off with right hand and hold out to right side; place back on head on count 5.

ROCK FORWARD; BACK; BACK; FORWARD; FORWARD; BACK; BACK; HOLD; HOOK

1-2 Step left foot forward; rock back onto right at center (right foot stays at center during the rocks; sway hips left and right with all rock movements)
3-4 Step left foot backward; rock forward onto right at center
5-6 Step left foot forward; rock backward onto right at center
7-8& Step left foot backward; hold; hook right foot in front of left shin*

Optional Hat Trick: Count "&"--Hold brim of hat with right hand.

REPEAT

Last Update: 13 Aug 2024