

Silence Is Golden

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mary Nolan (AUS)
音乐: Silence Is Golden - Brian Poole & The Tremeloes



2 FORWARD SHUFFLES, STEP, ROCK, STEP, POINT

1&2 Shuffle forward right-left-right
3&4 Shuffle forward left-right-left
5-6 Step forward right, rock back on left
7-8 Step back on right, point left toe to left side

STEP BACK, POINT TOE, FORWARD SHUFFLE

1-2 Stepping back on left foot, point right toe to right side
3-4 Stepping back on right foot, point left toe to left side
5-6 Stepping back on left foot, point right toe to right side
7&8 Shuffle forward right-left-right

Whole doing steps 1 to 6 bend knees slightly while stepping backwards

STEP, PIVOT, TURN, TOUCH

1-2 Step left foot forward pivoting $\frac{1}{2}$ turn right
3-4 Step forward on left foot, touch right beside left
5-6 Step back 45 degrees on right, touch left beside right
7-8 Step forward 45 degrees left, touch right beside left

STEP, TURN, TOUCH, TRAVELING TURN, TOUCH, STEP SLIDE

1-2 Step right forward turning 45 degrees left, touch left beside right
3-5 Traveling turn full turn left stepping left-right-left
6 Touch right beside left
7-8 Step right to right side, slide left beside right

REPEAT
