

# Signed, Sealed And Delivered

拍数: 32      墙数: 4      级数: Improver  
编舞者: Julie Carr (UK)  
音乐: Signed Sealed Delivered - Stevie Wonder



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## RIGHT TOE TAPS, RIGHT BEHIND AND TOUCH

- 1-2      Tap right toe to right side twice
- 3&4      Step right behind left, step left to left side, touch right toe next to left
- 5-6      Tap right toe to right side twice
- 7&8      Step right behind left, step left to left side, step right to right side

## LEFT SAILOR ¼ TURN, TOUCH FORWARD AND BACK, STEP LOCK STEP, ROCK ¼ TURN LEFT

- 1&2      Step left behind right, step right beside left, make ¼ turn left, step forward left
- 3-4      Touch right forward, touch right back
- 5&6      Step forward right, cross left behind right, step forward right
- 7&8      Rock forward on left, rock back on right making ¼ turn left, step left to left side

## RIGHT HEEL SWIVELS, TOE TWISTS AND DIAGONAL SHUFFLES

- 1&2      Swivel right heel in, out, in on ball of right foot (finish with weight equal)
- 3&4      Twist both heels and body right, left, right
- 5&6      Step left diagonally forward, step right next to left, step left diagonally forward
- 7&8      Step right diagonally forward, step left next to right, step right diagonally forward

## LEFT ROCK STEP ¼ TURN, FULL TURN LEFT, RIGHT AND LEFT HIP BUMPS (OR SNAKE ROLLS)

- 1&2      Rock forward on left, rock back on right making ¼ turn left, step left- to left side
- 3-4      Make ½ turn stepping back on right, make ½ turn left stepping forward on left
- 5&6      Bump hips right, left, right (or snake rolls)
- 7&8      Bumps hips left, right, left (or snake rolls)

**REPEAT**

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