

Sidekick Lady

拍数: 48 墙数: 4 级数: Improver
编舞者: Alison Johnstone (AUS) & Iain Chalmers
音乐: Psychic Lady - BR5-49



RIGHT TOE, HEEL, TOE SWIVELS AND LUNGE, HOLD, DRAG INTO LEFT OVER 4 COUNTS LEFT TOE, HEEL, TOE SWIVELS AND LUNGE, HOLD, DRAG INTO RIGHT OVER 4 COUNTS

1-4 Swivel right toe to right, swivel right heel to right, swivel right toe to right, hold the lunge
5-8 Drag right foot back into left over 4 counts straightening up
9-12 Swivel left toe to left, swivel left heel to left, swivel left toe to left, hold the lunge
13-16 Drag left foot back in over 4 counts straightening up finishing with a tap

STEP FORWARD LEFT, HOLD, STEP RIGHT BEHIND, HOLD, LEFT LOCK STEP FORWARD

17-20 Step forward on left, hold, step right behind left bending left knee, hold
21-24 Step forward on left, lock right behind left bending left knee, step forward left, hold

PIVOT ½ TURN ¼ STEP, HOLD, WEAVE BEHIND, SIDE (&) CROSS, HOLD

25-26 Step forward on right, pivot ½ over left (&)
27-28 Step right to right turning ¼ over left (¾ turn in total now facing 3:00), hold
29-32 Step left behind right, step right to right, step left across right, hold

RIGHT TOE STRUT, LEFT CROSS TOE STRUT, RIGHT TOE STRUT, LEFT CROSS TOE STRUT

33-34 Tap right toe to right, slap right heel onto floor,
35-36 Cross left toe over right, slap left heel to floor
37-40 Repeat above 4 counts (i.e. both toe struts)

TAP RIGHT TO SIDE, ½ TURN OVER RIGHT STEP ON RIGHT, TAP LEFT TO SIDE, HOLD

41-42 Tap right toe to right, ½ turn on left over right shoulder stepping right into left
43-44 Tap left toe to left, hold

ROCK BACK ON LEFT KICKING RIGHT TO FRONT, RECOVER RIGHT, STOMP LEFT, HOLD

44-46 Rock back onto left while kicking right forward, recover weight onto right
43-44 Stomp left beside right taking weight, hold

REPEAT
