

Siamsa

拍数: 32 墙数: 4 级数: Improver
编舞者: Toni Holmes (UK)
音乐: Siamsa - Ronan Hardiman



SIDE ROCK, SAILOR STEP, CROSS UNWIND, SIDE ROCK

1-2 Rock right to right side, rock back onto left
3&4 Cross right behind left step left to left side step right foot in place
5-6& Cross left behind right and unwind full turn left
7-8 Rock right to right side, rock back onto left

SAILOR STEP, CROSS UNWIND, ROCK AND SIDE SHUFFLE

9&10 Cross right behind left step left to left side step right foot in place
11-12 Cross left behind right and unwind ½ turn left
13-14 Cross rock right in over left
15&16 Step right to right side, close left to meet, step right to right side

TOE TAPS AND HEEL TAPS, STOMP MOVING BACKWARDS

Moving backwards

17&18& Tap left toes back, close left beside right, tap right toes back, close right beside left
19&20& Tap left heel forward, close left beside right, tap right heel forward, close right beside left
21&22& Tap left toes back, close left beside right, tap right toes back, close right beside left
23&24& Tap left heel forward, close left beside right, stomp right beside left

SIDE ROCK, SAILOR ¼ TURN LEFT, ROCK WITH FULL SPIN LEFT

25-26 Rock right to right side, rock onto left in place
27&28 Cross right behind left step left to left side making ¼ turn left, step forward on right
29-30 Rock forward on left, rock back on right
31-32 Make a full turn left stepping left, right, left

REPEAT

Full spins can be changed to coaster or sailor steps for an easier dance level.