SÍ Señor

级数: Intermediate mambo

编舞者: Nathan Daniels

音乐: Sí Señor!... - Gloria Estefan

FOUR QUARTER TURNS

拍数: 96

1-32 Four times through 1/4 turn (Bronze Mambo Pattern 2C)

CROSSOVER SWIVELS (SINGLE) TO WALKAROUND, OPEN BASIC

- 1-24 Crossover swivels - single (Bronze Mambo Pattern 9, measures 1-3 and 6-8 (open basic, crossover break, one set of swivels, crossover break, walkaround))
- 1-8 Open Basic (Bronze Mambo Pattern 1B)

CHARLESTON TAPS (DOUBLE), TWO HALF-SPEED HALF TURNS

- 1-24 Charleston taps (double taps) (Bronze Mambo Pattern 7, measures 1-4, then repeat measures 3-4)
- 1-2 Hold, step left foot forward
- 3-4 Hold, swivel 1/2 right shifting weight to right foot
- 5-8 Repeat 1-4

REPEAT





墙数:1