

Shutup And Drive

COPPER KNOB
BY STEPHEN T. S.

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Michael Vera-Lobos (AUS)
音乐: Shut Up and Drive - Chely Wright



SIDE SHUFFLE RIGHT, ROCK BACK, ROCK FORWARD, SIDE SHUFFLE LEFT, ROCK BACK, ROCK FORWARD

1&2 Shuffle side right (right-left-right)
3-4 Rock back on left behind right, rock forward onto right
5&6 Shuffle side left (left-right-left)
7-8 Rock back on right behind left, rock forward onto left

SHUFFLE FORWARD RIGHT, ½ TURN SHUFFLE BACK LEFT, TOUCH RIGHT BACK ½ TURN COASTER STEP

1&2 Shuffle forward right (right-left-right)
3&4 Turning ½ turn right shuffle back on left
5-6 Touch right toe back pivot ½ turn right keeping weight on left
7&8 Right coaster step- step back on right, step left beside right, step forward onto right

SIDE SHUFFLE LEFT, ROCK BACK, ROCK FORWARD, SIDE SHUFFLE RIGHT, ROCK BACK, ROCK FORWARD

1&2-3-4 Shuffle side left (left-right-left), rock right behind left, rock forward on left
5&6-7-8 Shuffle side right (right-left-right), rock left behind right, rock forward onto right

SHUFFLE FORWARD LEFT, SHUFFLE FORWARD RIGHT, STEP FORWARD LEFT ½ PIVOT RIGHT, ¼ SHUFFLE LEFT

1&2-3&4 Shuffle forward left (left-right-left), shuffle forward right (right-left-right)
5-6-7&8 Step forward left pivot ½ turn right take weight onto right, turning a further ¼ turn right side shuffle left- left-right-left

CROSS RIGHT BEHIND LEFT, TURN ¼ LEFT ON LEFT, ½ SHUFFLE RIGHT OVER LEFT, LEFT COASTER

1-2-3&4 Cross step right behind left, turn ¼ turn left stepping onto left, shuffle right turning ½ turn over left-right-left-right
5&6 Left coaster step-step back on left, step right beside left, step forward onto left

POINT RIGHT, POINT LEFT, LEFT HEEL BALL CHANGE, POINT LEFT, POINT RIGHT, RIGHT HEEL BALL CHANGE

1&2 Point right toe to right side, jump right to center pointing left toe to left side
3&4 Traveling forward-touch left heel forward, step ball of left beside right, step forward onto right
5&6 Point left toe to left side, jump left to center pointing right toe to right side
7&8 Traveling forward-touch right heel forward, step ball of right beside left, step forward onto left
9&10 Point right toe to right side, jump right to center pointing left toe to left side

ROCK FORWARD ONTO LEFT, ROCK BACK ONTO RIGHT, ½ TURN TRIPLE STEP OVER LEFT (LEFT-RIGHT-LEFT)

1-2-3&4 Rock forward on left, rock back on right, turning ½ turn left triple step left-right-left

SIDE RIGHT, CROSS LEFT BEHIND, SIDE RIGHT CROSSING LEFT, SIDE RIGHT

5-6&7-8 Step right to right, cross step left behind right, step right to right crossing left over right, step right to right side

CROSS LEFT BEHIND RIGHT, TURN ¼ RIGHT ON RIGHT, STEP FORWARD LEFT ½ PIVOT OVER RIGHT (END WEIGHT ON RIGHT)

1-2-3-4 Cross step left behind right, turn ¼ turn right stepping onto right, step forward left, pivot ½ turn right

STEP FORWARD LEFT TURNING ¼ LEFT, STEP BACK RIGHT TURNING ¼ LEFT, ½ TURN TRIPLE OVER LEFT

5-6-7&8 Step forward left turning ¼ turn left, step back on right turning a further ¼ turn left, turning ½ turn left triple step left-right-left

REPEAT
