

Shuffle Nut

拍数: 64 墙数: 1 级数: Beginner
编舞者: Angela Wood
音乐: Back To The Honkytonks - Veronica Capaldi



RIGHT SHUFFLE, LEFT SHUFFLE, FORWARD ROCK, ½ TURN SHUFFLE

1&2 Step forward right, close left to right, step forward right
3&4 Step forward left, close right to left, step forward left
5-6 Step right foot forward, rock weight back onto left foot
7&8 Make ½ turn over right shoulder, stepping right, left, right

LEFT SHUFFLE, RIGHT SHUFFLE, FORWARD ROCK, ½ TURN SHUFFLE

9&10 Step forward left, close right to left, step forward left
11-12 Step forward right, close left to right, step forward right
13-14 Step left foot forward, rock weight back onto right foot
15&16 Make ½ turn over left shoulder, stepping left, right, left

WEAVE LEFT WITH A COASTER STEP

17-18 Cross right foot over left, step left foot to left side
19-20 Cross right foot behind left, step left foot to left side
21-22 Cross right foot over left, step left foot to left side
23&24 Step back on right, close left next to right, step forward on right

WEAVE RIGHT WITH A COASTER STEP

25-26 Cross left foot over right, step right foot to right side
27-28 Cross left foot behind right, step right foot to right side
29-30 Cross left foot over right, step right foot to right side
31&32 Step back on left, close right next to left, step forward on left

FORWARD ROCK, 3 X ½ SHUFFLE TURNS

33-34 Step forward onto right foot, rock weight back onto left foot
35&36 Make ½ turn over right shoulder stepping right, left, right
37&38 Make another ½ turn over right shoulder stepping left, right, left
39&40 Make another ½ turn over right shoulder stepping right, left, right

FORWARD ROCK 3 X ½ SHUFFLE TURNS

41-42 Step forward on left foot, rock weight back onto right foot
43&44 Make ½ turn over left shoulder, stepping left, right, left
45&46 Make ½ turn over left shoulder, stepping right, left, right
47&48 Make ½ turn over left shoulder, stepping left, right, left

FORWARD ROCK, SHUFFLE BACK, BACK ROCK SHUFFLE FORWARD

49-50 Step forward on right, rock weight back onto left foot
51&52 Step back on right foot, step left next to right, step back on right foot
53-54 Step back on left foot, rock weight forward onto right foot
55&56 Step forward on left foot, step right next to left, step forward on left

RIGHT KICK KICK, COASTER STEP. LEFT KICK, KICK COASTER STEP

57-58 Kick right foot forward, kick right foot to right side
59&60 Step back on right, step left next to right, step forward on right
61-62 Kick left foot forward, kick left foot to left side

63&64

Step back on left, step right next to left, step forward on left

REPEAT
