

# Shuffle 'n' Rock

**COPPER KNOB**  
BY STEPHEN T. C.

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jan Brookfield (UK)  
音乐: That's How Much You Mean to Me - Hal Ketchum



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## TOE, HEEL, SHUFFLE ON SPOT, ROCKING CHAIR

1-2            Dig right toe next to left instep, dig right heel next to left  
3&4           Shuffle on the spot right, left, right  
5-6           Step forward on left, rock weight back onto right  
7-8           Rock back on left, rock weight forward onto right

## STEP FORWARD, HALF TURN PIVOT, SHUFFLE FORWARD, ROCKING CHAIR

9-10           Step left forward, pivot half turn over right shoulder, transfer weight to right (now facing back wall)  
11&12          Shuffle forward on left, right, left  
13-14          Step forward on right, rock weight back onto left  
15-16          Rock back onto right, rock forward onto left

## HALF TURN SHUFFLE, ROCK STEP, THREE QUARTER SHUFFLE, ROCK STEP

17&18          Making half turn over left shoulder, shuffle on right, left, right  
19-20          Rock back on left, rock weight forward onto right (now facing front wall again)  
21&22          Making a three quarter turn over right shoulder, shuffle on left, right, left  
23-24          Rock back on right, rock weight forward onto left (now facing 9:00 wall)

## RIGHT TOE STRUT FORWARD, KICK-BALL-CHANGE, LEFT TOE STRUT FORWARD, KICK-BALL-CHANGE

25-26          Step right forward, toes then heel  
27&28          Kick left forward, step back slightly on left, step on right in place  
29-30          Step forward on left, toes then heel  
31&32          Kick right forward, step back slightly on right, step on left in place

**REPEAT**

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