

Shuck & Jive

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Veda Holder (USA)
音乐: Women Do Know How to Carry On - Waylon Jennings



WALK FORWARD RIGHT LEFT RIGHT SCUFF WALK BACK LEFT RIGHT LEFT SCUFF

1-4 Step forward right, left, right and scuff left
5-8 Step backward left, right, left and scuff right

RIGHT HEEL, TOGETHER, TOE SIDE, BEHIND & SLAP RIGHT VINE, SCUFF

1-4 Right heel tap forward, right toe touch beside, right toe touch right side, right behind left knee-slap with left hand
5-8 Right side, left behind, right side, left scuff

LEFT HEEL, TOGETHER, TOE SIDE, BEHIND & SLAP SHIMMY LEFT, SHIMMY RIGHT

1-4 Left heel tap forward, left toe touch beside, left toe touch left side, left behind right knee-slap with right hand
5-6 Rock forward left with a shimmy left (shifting weight to left foot)
7-8 Rock back right with a shimmy right (shifting weight to right foot)

LEFT VINE, SCUFF, RIGHT TOGETHER, LEFT TURN ¼ LEFT, STOMP, STOMP

1-4 Left side, right behind, left side, right scuff
5-8 Right together, left turn ¼ left, right stomp, right stomp

RIGHT ROCKS, SCUFF, LEFT ROCKS, SCUFF

1-4 Right rock forward, left rock back, right rock forward, left scuff
5-8 Left rock forward right rock back, left rock forward, right scuff

RIGHT TURN RIGHT ¼, LEFT SCUFF, LEFT TURN RIGHT ¼, RIGHT SCUFF, ROCK, ROCK, STOMP TWICE

1-4 Step right into ¼ turn right, left scuff, step left into ¼ turn right, right scuff
5-8 Right rock forward, left rock back, right stomp up, right stomp up

RIGHT TOE, HEEL, LEFT TOE, HEEL, GRAPEVINE, SCUFF

1-4 Right toe back, right heel down, left toe back, left heel down
5-8 Right side, left behind, right side, left scuff

LEFT HEEL, TOE, RIGHT HEEL, TOE, GRAPEVINE, SCUFF

1-4 Left heel forward, left toe down, right heel forward, right toe down
5-8 Left side, right behind, left side, right scuff

REPEAT
