

Show Me The Way

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 1
编舞者: Phyllis Cannon Whipple (USA)
音乐: You've Got a Way - Shania Twain

级数: Intermediate nightclub



This dance starts facing 12:00, with the left foot diagonally crossed (toward 1:30) in front of the right foot. Additionally, you may begin the dance on the count-in of "5,6,7,8" by executing a spiral turn on "8&"

ROND DÉ JAMBE; STEP TO LUNGE; TURN LEFT; RUN TO SIDE BASIC; ½ BOX WITH PROMENADE RUNS

- 8 Step left foot across right foot and rotate ½ turn right
- & Continue rotating another ½ turn right to face 12:00, sweeping left foot around
- 1 Step left foot diagonally forward with a lunge (1:30)
- 2 Recover weight onto right foot (facing 12:00)
- & Rotating 3/8 turn left, step left foot forward (7:30)
- 3 Rotating ¼ turn left, step right foot to the side (7:30)
- 4 Rotating 3/8 turn left, step left foot to the side (9:00) (facing 12:00)
- & Step right foot across left foot
- 5 Step left foot to the side (9:00) (facing 12:00)
- 6 Rotating ¼ turn right, step right foot to the side (6:00)
- & Step left foot across right foot
- 7 Rotating 1/8 turn right, step right foot forward (6:00)
- 8 Step left foot to the side (3:00)

- & Step right foot across left foot
- 1 Step left foot to the side (3:00), rotate ½ turn right

RIGHT BASIC; LEFT BASIC; PROMENADE RUN, SYNCOPATED PIVOT TURNS; ROND DE' JAMBE EN L'AIR

- 2 Step right foot to the side (3:00 facing 12:00)
- & Step left foot across right foot
- 3 Step right foot to the side (3:00)
- 4 Step left foot close to right foot
- & Step right foot across left foot
- 5 Step left foot to the side (9:00)
- 6 Step right foot close to left foot
- & Step left foot across right foot
- 7 Rotating 1/8 turn right, step right foot forward (3:00), rotate ½ turn right
- 8 Step left foot back, rotate ½ turn right (3:00)
- & Step right foot forward, rotate ½ turn right (3:00)
- a Step left foot back (3:00)

- 1 Keep rotating upper body to the right to face 12:00 sweeping the right leg to arc around the body

HOOK STEP; TURN TO EXTENDED FORWARD FAN; BASIC TO EXTENDED FORWARD FAN

- 2 Cross right foot behind left foot
- & Rotating ¼ turn left, step left foot forward (9:00)
- 3 Rotating ¼ turn left, step right foot to the side (9:00) fanning left foot continue turning ½ turn left (face 12:00)
- 4 Step left foot to the side (9:00)
- & Step right foot across left foot

- 5 Step left foot to the side (9:00)
- 6 Step right foot close to left foot
- & Step left foot across right foot
- 7 Step right foot to the side (3:00), fanning left foot rotate ½ turn left (face 6:00)
- 8 Step left foot to the side (3:00)
- & Step right foot across left foot

- 1 Step left foot to the side (3:00)

DIAMOND FALL AWAY; FORWARD DIAMOND; LEFT BASIC; SPIRAL TURN & ROND DÉ JAMBE

- 2 Rotating 1/8 turn right, step right foot back on diagonal toward 1:30
- & Step left foot back on diagonal (1:30)
- 3 Rotating 1/8 turn right, step right foot to the side (12:00, facing 9:00)
- 4 Rotating 1/8 turn right, step left foot forward diagonally towards 10:30
- & Step right foot forward (10:30)
- 5 Rotating 1/8 turn right, pendulum step left foot to left side (9:00, facing 12:00)
- 6 Close right foot to left foot
- & Step left foot across right foot
- 7 Step right foot to the side (3:00)

REPEAT

- 8 Step left foot across right foot and rotate ½ turn right
 - & Continue rotating another ½ turn right to face 12:00, sweeping left foot around
 - 1 Step left foot diagonally forward with a lunge (1:30)
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