

Show Me The Way

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数:
编舞者: Dave Fife (UK)
音乐: Show Me The Way - Olas



SKATE FORWARD, RIGHT SHUFFLE, SKATE FORWARD, LEFT SHUFFLE

1-2 Skate right diagonally forward right, skate left diagonally forward left
3&4 Step forward right, close left beside right, step forward right
5-6 Skate left diagonally forward left, skate right diagonally forward right
7&8 Step forward left, close right beside left, step forward left

FORWARD ROCK, TRIPLE ½ TURN, FULL TURN, STEP BALL POINT

1-2 Rock forward on right, rock back on left
3&4 Triple step ½ turn right, stepping right left right
5-6 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right
7&8 Step forward on left, step slightly back onto ball of right, touch left out to left side

CROSS, STEP BACK ¼ TURN, TOUCH BACK ½ TURN, SIDE ROCK, SAILOR STEP

1-2 Cross left over right, make ¼ turn left stepping back on right
3-4 Touch back with left, pivot ½ turn left taking weight on left foot
5-6 Make ¼ turn left stepping right to right side, recover weight onto left
7&8 Cross right behind left, step left to left side, step right beside left

FORWARD ROCK, TRIPLE ½ TURN, RONDE ½ TURN, BACK ROCK

1-2 Rock forward on left, rock back on right
3&4 Triple step ½ turn left, stepping left right left
5-6 On ball of left make ½ turn left, sweeping right toe out to right side making ½ circle from back to front & touching right toe beside left
7-8 Rock back onto right, rock forward onto left

WEAVE RIGHT, CROSS ROCK, CHASSE RIGHT

1-4 Cross right over left, step left to left side, cross right behind left, step left to left side
5-6 Cross rock right over left, rock back onto left
7&8 Step right to right side, close left beside right, step right to right side

CROSS STEP BACK ¼ TURN, TOUCH BACK ½ TURN, FORWARD ROCK, COASTER TOUCH

1-2 Cross left over right, make ¼ turn left stepping back on right
3-4 Touch back with left, pivot ½ turn left taking weight on left foot
5-6 Rock forward on right, rock back onto left
7&8 Step back on right, close left beside right, touch right beside left

REPEAT
