

Short Cut

拍数: 40 墙数: 0 级数:
编舞者: Iris M. Mooney (USA)
音乐: High Lonesome Sound - Vince Gill



MOVING TO LEFT IN A CIRCLE

1&2 Shuffle right-left-right
3&4 Shuffle left-right-left
5&6 Shuffle right-left-right

ROCKS WITH ½ SHUFFLE TURN LEFT

7 Rock forward left foot
8 Rock back right foot
9&10 Shuffle turn ½ left (left-right-left)

SHUFFLE FORWARD IN A CIRCLE (TO LEFT)

11&12 Shuffle right-left-right
13&14 Shuffle left-right-left
15&16 Shuffle right-left-right

LINDY LEFT WITH ROCKS

17&18 Side shuffle left (left-right-left)
19 Rock back right foot
20 Rock forward left foot

LINDY RIGHT WITH ROCKS

21&22 Side shuffle right (right-left-right)
23 Rock back left foot
24 Rock forward right foot

2 PIVOT TURNS RIGHT

Left shoulder facing center of circle

25 Step forward left foot, pivot turn ¼ right
26 Step on right foot
27 Step forward left foot, pivot turn ¼ right
28 Step right foot

8 COUNT FULL TURN LEFT, SHUFFLE FORWARD, ¼ TURN RIGHT

29 Step left foot to left side
30 Step right foot behind left foot
31 Step left foot make ¼ turn left
32 Step right foot turn ¼ left
33 Step left foot turn ½ left
34 Step right foot to right side
35 Step left foot behind right foot
36 Step right foot to right side
37&38 Shuffle turning ¼ right (left-right-left)
39 Step right foot forward turning ¼ left
40 Stomp left foot

REPEAT

