Shootin' The Blues



拍数: 64 墙数: 1 级数:

编舞者: SanDee Skelton (USA) 音乐: New Train - John Prine



HEEL SPLITS, HOOK, HOOK

1-4 Heel splits apart, together, toes fan open, together

5-6 Right heel tap forward, right hook across front of left knee

7-8 Right heel tap forward, right step home

HEEL SPLITS, HOOK, KICKS FORWARD

1-4 Heels split apart, together, toes fan open, together5-6 Left heel tap forward, left hook across front of right knee

7-8 Left foot kick forward twice

FOUR STEP-TOUCHES, TRAVELING FORWARD

Step forward on left foot, touch right toe next to left footStep forward on right foot, touch left toe next to right foot

5-8 Repeat 1-4

VINE LEFT, KICK RIGHT FOOT, VINE RIGHT, KICK LEFT FOOT

Step left, step right behind, step left, kick right foot across left foot
Step right, step left behind, step right, kick left foot across right foot

VINE LEFT, HITCH-OVER, CROSSOVER CHASSE TO LEFT, STEP, SCUFF

1-4 Step left, step right behind, step left, hitch right knee up ("blow" into fingers like into guns)

5 Cross right foot over left (pretend to put guns in belt)

&6 Step behind on ball of left foot, step right foot to left (feet still crossed) &7-8 Step behind on ball of left foot, step right foot to left, scuff left foot forward

CRUISIN' STYLE VINES AND TURNS

1-3	Step left over right, step right to side, step left behind right
4	Step right foot to right side (1/4 turn right, toes pointing right to "prep")
5	Step left foot out to left side (finishing ½ turn, now facing back wall)
6	"Prep" step on right foot with toes pointing to right, ¼ turn right
7	Step out on left foot (completing ½ turn to right, now facing front wall)
8	Step right foot behind left
1	"Prep" step left (toes point left ¼ turn)
2	Step out on right foot (finishing ½ turn, now facing back wall)
3	"Prep" step left (toes point left ¼ turn)
4	Step out on right foot (swinging around to face front again)
5	Step left foot behind right
6	Lunge right foot to right side
7	Step left to side (long step), arms stretched out like wings

Slide right foot next to left (no weight), clap hands down and bring up like cymbals

"SKATE" STEPS ZIG-ZAGGING BACKWARDS

Lowering hands like circle to waist

8

1-2 Right foot step back to right corner, left foot drag next to right (no weight)

3-4 Left foot step back to left corner, right foot drag next to left (no weight)

REPEAT