

Shoot Me Stupid

COPPER **KNOB**
BY STEPHENETS

拍数: 0 墙数: 1 级数: Intermediate
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音乐: Stupid Cupid - Mandy Moore



Sequence: AAB ABA Tag CC Ending

PART A

TRIPLE RIGHT, TRIPLE LEFT, SWIVEL X4

- 1&2-3&4 Triple forward right, left, right, triple forward left, right, left
5-6-7-8 Twist diagonal right landing with weight on right foot, twist diagonal left landing with weight on left foot, twist diagonal right landing with weight on right foot, twist diagonal left landing with weight on left foot

ROCK, RECOVER, ½ TURN TRIPLE RIGHT, TOE TOUCHES, HEEL SWITCHES

- 9-10-11&12 Rock forward on right, recover back on left, ½ turn right triple right, left, right
13&14& Touch left toe to left side, step left next to right, touch right toe to right side, step right next to left
15&16& Touch left heel front, step left next to right, touch right heel front, step right next to left

TRIPLE LEFT, TRIPLE RIGHT, SWIVEL X4

- 17&18-19&20 Triple forward left, right, left, triple forward right, left, right
21-22-23-24 Twist diagonal left landing with weight on left foot, twist diagonal right landing with weight on right foot, twist diagonal left landing with weight on left foot, twist diagonal right landing with weight on right

ROCK, RECOVER, ½ TURN TRIPLE LEFT, TOE TOUCHES, HEEL SWITCHES

- 25-26-27&28 Rock forward on left, recover back on right, ½ turn left triple left, right, left
29&30& Touch right toe to right side, step right next to left, touch left toe to left side, step left next to right
31&32& Touch right heel front, step right next to left, touch left heel front, step left next to right

STEP, TOGETHER, STEP, TOUCH, STEP, TOGETHER, STEP, TOUCH

- 33-34-35-36 Step diagonal right on right, step left next to right, step diagonal right on right, touch left toe next to right
37-38-39-40 Step diagonal left on left, step right next to left, step diagonal left on left, touch right toe next to left

Arms: Shoop Shoop or hula arms

STEP, HOLD, CROSS, HOLD, FULL UNWIND, STEP

- 41-42-43-44 Step right foot to right side (both arms diagonally down, wrists bent, palms down), hold, cross left over right, hold
45-46-47-48 Unwind one full turn to the right (using 2 counts), step left foot to left side (point both thumbs to chest), hold

PART B

TOE STRUT, CROSS TOE STRUT, ¼ TURN TRIPLE RIGHT, STEP, ¾ TURN

- 1-2-3-4 Step right toe to right side, heel down and snap fingers, cross left toe over right, heel down and snap fingers
5&6-7-8 ¼ Turn right triple right, left, right, step forward left, ¾ turn right on right

TOE STRUT, CROSS TOE STRUT, ¼ TURN TRIPLE LEFT, STEP, ¾ TURN

9-10-11-12 Step left toe to left side, heel down and snap fingers, cross right toe over left heel down and snap fingers

13&14-15-16 ¼ Turn left triple left, right, left, step forward right, ¾ turn left on left

STEP, TOUCH, STEP, TOUCH, OUT, OUT, IN, IN TWICE

17-18-19-20 Step right to right, touch left toe next to right and clap, step left to left, touch right toe next to left and clap

&21&22 Step right toe to right, step left toe to left (elbows bent into waist, forearm and hand straight out from elbow take hands out to side), step right toe center, step left toe center (elbows bent into waist, forearm and hand straight out from elbow cross one hand over the other in front)

&23&24 Repeat counts &21&22

OUT, OUT, HOLD, HIP, HOLD, HIP BUMPS X4

&25-26-27-28 Step right toe to right, step left toe to left (elbows bent into waist, forearm and hand straight out from elbow, take hands out to side), hold, bump hip to left (left hand on left hip, right hand over your heart, hold through count 28), hold

&29&30 Bump hip to right, bump hip to left, bump hip to right, bump hip to left

&31&32 Repeat counts &29&30 (keep left leg straight and right knee bent during counts &29&30&31&32)

Pat your chest over your heart ON 29-30-31-32

REPEAT

TAG

1-16 Repeat counts 33-48 of Part A

PART C

1-32 Repeat counts 1-32& of Part A

ENDING

1 Step right to right (both arms diagonally down, wrists bent, palms down)
