

Shoo-Da-Bop

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Wait 'til I Get Home - C-Note



CHASE' RIGHT, ¼ PIVOT LEFT, HIP BUMPS, DIP & STAND

- 1-2 Step right foot to right side, hold
&3-4 Quick step left foot next to right foot, step right foot to right side, pivot ¼ left shifting weight to right foot
5&6 Keeping weight on right foot bump hips (left, right, left)
7-8 Bend knees as if sitting in a chair pushing hips back, stand up with weight still on right foot

KICK CROSS STEP BACK, KICK OUT OUT, KNEE POPS, SIDE ROCK STEP DRAG

- 9&10 Kick left foot forward, cross step left foot over right foot, step right foot back
11&12 Kick left foot forward, step left foot back and slightly to left side, step right foot slightly to right side (feet should be about shoulder width apart)
&13&14 Lift both heels off the floor bending knees, step heels down straightening legs, repeat shifting weight to left foot
&15-16 Rock to right side on right foot, shift weight to left foot, drag right toe to cross in front of left foot

CROSS TOUCH, UNWIND LEFT, CROSS TOUCH, UNWIND RIGHT, RIGHT COASTER STEP, ½ PIVOT TOGETHER

- 17-20 Cross touch outside of ball of right foot over left foot, unwind ½ to the left stepping down on right foot, cross touch outside of ball of left foot over right foot, unwind ½ to the right stepping down on left foot
21&22 Step back on ball of right foot, step on ball of left foot next to right foot, step right foot forward
23-24 Take large step forward on left foot, pivot ½ to the right as you bring right foot back to step next to left foot

STEP FORWARD, TOE DRAG, HEEL FORWARD, HOLD, ½ PIVOT, HOLD, SYNCOPATED WALK FORWARD

- 25-28 Take large step forward on left foot, drag toe of right foot forward past left foot, step right heel forward, hold
29-30 Pivot ½ to the left stepping down on right foot (left heel will be in touch position forward), hold
31&32 Step in place on ball of left foot, walk forward (right, left)

REPEAT

VARIATION FOR ATTITUDE

During the last 8 counts, place hands on hips and turn head to look over left shoulder, continue to look in that direction as you make your turn. You will end up looking over your right shoulder. Then return hands to original dance position and look forward as you walk forward. Get a little funky with it and have fun!