

# Shona Shuffle

拍数: 48      墙数: 0      级数:  
编舞者: Shona Tolmie (UK)  
音乐: Dance - Twister Alley



- 1            Touch right heel forward  
&2           Step right foot beside left. Touch left heel forward  
&3-4        Step left beside right. Touch right heel forward twice  
&5           Step right beside left. Touch left heel forward  
&6           Step left beside right. Touch right heel forward  
&7-8        Step right beside left. Touch left heel forward twice
- &9           Step left beside right. Cross right over left  
&10          Step left to left side. Touch right heel out diagonally right  
&11          Step right beside left. Cross left over right  
&12          Step right to right side. Touch left heel out diagonally left  
13           Step left making  $\frac{1}{4}$  turn left  
14           Scuff right beside left  
15           Rock back on right  
16           Rock forward on left
- 17           Step right to right side  
18           Step left beside right  
19           Step right to right side  
20           Scuff left beside right  
21           Step left to left side  
22           Step right behind left  
23           Step left to left side  
24           Touch right beside left
- 25           Step right foot forward  
26            $\frac{1}{2}$  pivot turn left  
27           Step right foot forward  
28            $\frac{1}{4}$  pivot turn left  
29-30        Step forward right, left  
31           Stomp right foot beside left  
32           Kick right foot forward
- 33&34        Step right to right side, step left beside right, step right to right side  
35           Rock back on left  
36           Rock forward on right  
37&38        Step left to left side, step right next to left, step left to left side  
39           Step right behind left  
40           Unwind  $\frac{1}{2}$  turn right
- 41&42        Step right forward, close left behind right, step right forward  
43           Step left forward  
44            $\frac{1}{2}$  pivot turn right  
45&46        Shuffle back  $\frac{1}{2}$  turn right (stepping left, right, left)  
47           Rock back on right  
48           Rock forward on left

REPEAT

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