

Sho' Enough

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Kay Romero (USA)
音乐: Sho' Enough - Tommy Castro



STEP, KICK, BACK, TOUCH, STEP, KICK, COASTER STEP

1-2 Step right forward, kick left forward
3-4 Step left back, touch right toe back
5-6 Step right forward, kick left forward
7&8 Coaster back (left back, right together, left forward)

STEP, TURN, STEP, TURN, RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE

1-2 Right toe forward, pivot $\frac{1}{4}$ turn left
3-4 Right toe forward, pivot $\frac{1}{4}$ turn left
5&6 Right sailor shuffle
7&8 Left sailor shuffle

STEP, KICK, BACK, TOUCH, STEP, KICK, COASTER STEP

1-2 Step right forward, kick left forward
3-4 Step left back, touch right toe back
5-6 Step right forward, kick left forward
7&8 Coaster back (left back, right together, left forward)

STEP, TURN, STEP, TURN, RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE

1-2 Right toe forward, pivot $\frac{1}{4}$ turn left
3-4 Right toe forward, pivot $\frac{1}{4}$ turn left
5&6 Right sailor shuffle
7&8 Left sailor shuffle

RIGHT SIDE, HOLD, & SIDE, ROCK, CROSS, TRIPLE STEP

1-2 Right to right side, hold
&3 Bring left together & step right to right side
&4 Bring left together & step right to right side
5-6 Rock left behind right, cross right in front of left
7-8 Left side triple (left-right-left)

CROSS, SIDE, & TURN, SIDE, CROSS, TRIPLE STEP, & ROCK & STEP

1-2 Cross right in front of left, step left to left side turning $\frac{1}{2}$ right
3-4 Step right to side, cross left in front of right
5&6 Right side triple (right-left-right)
&7-8 Rock back on left & tap right heel forward, hold on 8

TRIPLE RIGHT, TRIPLE LEFT, SIDE BALL-CROSS, SIDE BALL-CROSS

&1&2 Lift right & triple forward = right-left-right
3&4 Triple forward (left-right-left)
5&6 Right to side-in place on left, right forward slightly in front of left
7&8 Left to side-in place on right, left forward slightly in front of right

STEP BACK & HEEL, LEFT TOUCH, BACK & HEEL, RIGHT TOUCH, BACK & HEEL, LEFT TOUCH, BACK & HEEL, EXTEND RIGHT TOE BACK

&1-2 Step right back-left heel forward, touch left toe next to right

&3-4 Step left back-right heel forward, touch right toe next to left
&5&6 Step right back-left heel forward, touch left toe next to right
&7&8 Step left back-right heel forward, extend & touch right toe back

REPEAT

FINISH

When you hear the song coming to an end, step forward into a slight lunge with right foot bending left knee & shove both hands down into "safe" position
