

Sho' Enough

COPPER KNOB
BY EPOCHETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Ron Kline (USA)
音乐: Sho' Enough - Tommy Castro



FUNKY WALK FORWARD

- 1-4 Step left foot forward, step right foot into 3rd position (instep of right foot against left heel with toe to the right) and at the same turn upper body slightly right, straighten body as you step left foot in place, step right foot forward
- 5-8 Repeat previous steps (1-4)

TOUCH, SHIFT AROUND, STEP TOUCH TWICE, REPEAT

- 9-12 Touch left toe forward, keeping toe in place and weight on right foot, shift right heel to the left in 3 small bounces to make one half turn right
- 13-16 Large step forward with left foot, touch right toe next to left foot, large step forward with right foot, touch left toe next to right foot
- 17-24 Repeat previous steps (9-16)

SKATE, TOUCH, SIDE, HOLD, FULL TURN, SIDE, BACK, TOUCH

- 25-28 Slide left foot forward diagonally left into large step, touch right toe next to left foot, large step right side with right foot, hold
- &29-30 Pivot full turn to the left on right foot, cross stepping onto left foot, rock to right side on right foot
- &31-32 Small step back with left foot, drag right toe to touch next to left foot in two counts

FULL ROLL BACK, STEP BACK, HOLD, SYNCOPATED BACK STEP, HOLD, HEEL JACK

- &33&34 Pivot one half to the right on left foot, step right foot forward, pivot one half to the right on right foot, step left foot back
- 35-36 Step right foot back (body will be angled slightly to the right), hold
- &37-38 Maintaining body angle quick step left foot next to right foot, step right foot back, hold
- &39&40 Straighten body forward and at the same stepping left foot back, touch right heel forward, step right foot in place, touch left toe next to right foot

TOUCH, SHIFT AROUND, TOUCH BUMPING HIPS TWICE MAKING QUARTER TURN

- 41-44 Touch left toe slightly forward, keeping toe in place and weight on right foot shift right heel to the left in 3 small bounces to make one half turn right
- &45&46 Touch left toe forward, keeping weight on right foot, shift right heel to the left making one eighth turn to the right and at the same shake hips (left-right-left-right)
- &47&48 Repeat previous steps (&45&46) to complete one quarter turn right total

REPEAT
