Shirley's Sugar Shack

级数: Intermediate

编舞者: John Bishop (AUS)

拍数: 52

音乐: Shirley's Sugar Shack - Red Johnson

CROSS-AND-HEEL-AND-CROSS-AND-HEEL, AND-CROSS, UNWIND 34, SAILOR STEP

- 1&2 Cross/step right over left, step left slightly back, touch right heel forward at 45 degrees right & Step ball of right back
- 3&4 Cross/step left over right, step right slightly back, touch left heel forward at 45 degrees left & Step ball of left back
- Cross/step right over left, unwind 3/4 turn (3/4) left leaving weight on right 5-6
- 7 Left sailor step: swing left leg around and cross/step behind right
- Step right to side, step left to side &8

MOVING FORWARD: TWO CROSS SAMBAS; ROCK, RECOVER, HALF TURN, WALK, WALK

- 1&2 Cross/ball step right over left, rock/step left to side, side rock onto right
- 3&4 Cross/ball step left over right, rock/step right to side, side rock onto left
- 5-6& Rock/step right forward, rock back onto left, turn $\frac{1}{2}$ turn($\frac{1}{2}$) right on ball of left
- 7-8 Step right forward, step left forward

SHUFFLE FORWARD AND-TAP-SCOOT-STEP, COASTER STEP, PADDLE TURN

- 1&2& Shuffle forward right, left, right; step (hop onto) slightly forward left
- 3&4 Tap right toes straight back, scoot back on left, step back onto right
- 5&6 Step left back, step right together, step left forward
- 7-8 Step right forward, pivot 1/4 turn(1/4) left changing weight to left

CROSS SHUFFLE, SIDE SHUFFLE, ROCK BACK, FORWARD, KICK-BALL-CROSS

- 1&2 Cross shuffle: cross/step right over left, step left to side, cross/step right over left
- 3&4 Side shuffle: step left to side, step right together, step left to side
- 5-6 Rock/step right back, rock/recover forward onto left
- 7&8 Kick right at 45 degrees right, step down onto ball of right, cross/step left over right

HALF TURN (1/2) LEFT IN TWO STEPS (RIGHT, LEFT)

1-2 Step right back turning $\frac{1}{4}$ turn($\frac{1}{4}$) left, step left to side turning $\frac{1}{4}$ turn ($\frac{1}{4}$) left Restart from here on wall 3

CROSS SHUFFLE, SIDE SHUFFLE, ROCK BACK, FORWARD, KICK-BALL-CROSS (SAME AS SECTION 4 ABOVE)

- 1&2 Cross shuffle: cross/step right over left, step left to side, cross/step right over left
- 3&4 Side shuffle: step left to side, step right together, step left to side
- 5-6 Rock/step right back, rock/recover forward onto left
- 7&8 Kick right at 45 degrees right, step down onto ball of right, cross/step left over right

THREE QUARTER (¾) TURN LEFT IN TWO STEPS (RIGHT, LEFT)

1-2 Step right back turning 1/4 turn(1/4) left, step left to side turning 1/2 turn(1/2) left Ending goes here at the end of the song

ROCKING CHAIR, FOUR DRAG STEPS THREE-QUARTERS (¾) LEFT

- 1-2 Rock/step right forward, rock/recover back onto left
- 3-4 Rock/step right back, rock/recover forward onto left
- The next 4 counts are a kind of 'running man' motion turning 34 turn (34) left to new wall
- &5 Drag back slightly on left, step onto right turning 1/4 turn (1/4) left





墙数: 2

- &6 Drag back slightly on right, step onto left turning ¼ turn (¼) left
- &7 Drag back slightly on left, step onto right turning ¼ turn (¼) left
- &8 Drag back slightly on right, step onto left

REPEAT

RESTART

On wall 3, restart the dance after count 34 (end of section 5) facing the front (12:00)

ENDING

When the music ends, you will be doing section 7 ($\frac{3}{4}$ turn) - change the $\frac{3}{4}$ turn to be a $\frac{1}{2}$ turn and step onto the left foot facing the front to finish