

Shine On Me

拍数: 64 墙数: 2 级数: Beginner
编舞者: Margaret Warren (AUS)
音乐: Indigo Moon - Heather Myles



RIGHT & LEFT TOE HEEL STRUTS, RIGHT VINE, TOUCH

1-2-3-4 Touch right toes to right side, drop heel, touch left toes in front of right, drop heel
5-6-7-8 Step right to right side, step left behind right, step right to right side, touch left beside right

LEFT & RIGHT TOE HEEL STRUTS, LEFT VINE, TOUCH

1-2-3-4 Touch left toes to left side, drop heel, touch right toes in front of left, drop heel
5-6-7-8 Step left to left side, step right behind left, step left to left side, touch right beside left

RIGHT & LEFT FORWARD LOCKS WITH TOUCHES

1-2-3-4 Step forward on right, lock left behind right, step forward on right, touch left beside right
5-6-7-8 Step forward on left, lock right behind left, step forward on left, touch right beside left

SIDE, REPLACE, CROSS, SIDE, REPLACE, CROSS, (MOVING SLIGHTLY FORWARD)

1-2-3-4 Rock to right side on right, replace on left, cross right over left, hold
5-6-7-8 Rock to left side on left, replace on right, cross left over right, hold

¼ TURNING RIGHT VINE, RIGHT & LEFT TOE HEEL STRUTS

1-2-3-4 Step right to right side, step left behind right, turning ¼ right step on right, step left beside right
5-6-7-8 Touch right toes forward, drop heel, touch left toes forward, drop heel
1-8 Repeat last 8 beats

STEP TOUCHES 45 DEGREES RIGHT, LEFT, RIGHT, LEFT

1-2 Step forward on right, (45 degrees) touch left beside right
3-4 Step forward on left, (45 degrees) touch right beside left
5-6-7-8 Repeat last 4 beats (optional- claps with touches)

BACK WALKS RIGHT, LEFT, RIGHT, KICK, LEFT, RIGHT, LEFT, KICK

1-2-3-4 Walk back right, left, right, kick left (forward & low)
5-6-7-8 Walk back left, right, left, kick right (forward & low)

REPEAT
