

Shine On

拍数: 32 墙数: 4 级数:
编舞者: Peter Metelnick (UK)
音乐: Shine On - Jeff Carson



RIGHT SIDE ROCK & RECOVER, RIGHT SAILOR SHUFFLE, LEFT SIDE ROCK & RECOVER, ¼ LEFT & LEFT BACK COASTER STEP

- 1-2 Step right foot to right side and rock right, recover weight on left foot
- 3&4 Cross step right foot behind left, step left foot to left side, step right foot slightly right
- 5-6 Step left foot to left side and rock left, recover weight on right foot
- 7&8 Turn ¼ left and step left foot back, step right foot together, step left foot forward (now facing left side wall)

RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, LEFT HITCH, LEFT BACK COASTER STEP, RIGHT HEEL GRIND WITH ¼ RIGHT

- 1-2 Step right foot forward, pivot ½ turn left (now facing right side wall)
- 3-4 Step right foot forward, hitch left knee up
- 5&6 Step left foot back, step right foot together, step left foot forward
- 7 Touch right heel forward turning toes in toward the left
- 8 Grind right heel turning toes to the right and pivoting ¼ right on left foot (now facing back wall)

RIGHT STEP BACK, LEFT CROSS STEP, VINE RIGHT 2, RIGHT CRISS CROSS, LEFT TO LEFT SIDE, RIGHT SAILOR SHUFFLE

- &1 Step right foot back, cross step left foot over right
- 2-3 Step right foot to right side, step left foot to left side
- &4 Step right foot to right side, cross touch left foot over right
- &5 Step left foot to left side, cross step right foot over left
- 6 Step left foot to left side
- 7&8 Cross step right foot behind left, step left foot to left side, step right foot slightly right

¼ LEFT & LEFT FORWARD, RIGHT FORWARD TURNING ½ LEFT, LEFT BACK COASTER, FORWARD 2, RIGHT KICK BALL CHANGE

- 1 Turn ¼ left and step left foot forward (now facing left side wall)
- 2 Step right foot forward turning ½ left (now facing right side wall)
- 3&4 Step left foot back, step right foot together, step left foot forward
- 5-6 Step right foot forward, step left foot forward
- 7&8 Kick right foot forward, step right foot together, step left foot in place

REPEAT
