

Shine

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Janne Rantanen
音乐: Shine - Kwan



Dance starts after first 8 counts, when violin starts to play

WALK, WALK, ROCK STEP, SWEEP TURN ½ RIGHT

1-4 Walk forward right, left, right, left
5-6 Rock step forward on right, recover weight on left
7-8 Sweep right foot to right turning ½ right, touch right beside left

SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT, ROCK STEP

1&2 Step right foot to right side, step left foot next to right, step right foot to right side
3-4 Rock step forward on left, recover weight on right
5&6 Step left to left side, step right next to left, step left to left side
7-8 Rock step forward on right, recover weight on left

SHUFFLE BACK, STEP, HOLD, KICK BALL STEP, STEP, HOLD

1&2 Step right foot back, step left foot next to right, step right foot back
3-4 Step left foot back and lean back, hold
5&6 Kick right foot forward, step right beside left, step left forward
7-8 Rock step forward on right, hold

SHUFFLE BACK, STEP, HOLD, KICK BALL STEP, STEP, HOLD

1&2 Step left foot back, step right foot next to left, step left foot back
3-4 Step right foot back and lean back, hold
5&6 Kick left foot forward, step left foot beside left, step right foot forward
7-8 Rock step forward on left, hold

SWEEP TURN ¼, SHUFFLE RIGHT, WEAVE, STEP TURN ¼, HOLD

1-2 Sweep right foot to right turning ¼ left, touch right foot next to left
3&4 Step right foot to right, step left foot next to right, step right foot to right
5&6 Cross step left foot behind right, step right foot to right, cross step left front of right
7-8 Step right foot to right turning ¼ to left, hold

WALK, WALK, ROCK STEP, SWEEP TURN ½ LEFT

1-4 Walk forward left, right, left, right
5-6 Rock step forward on left, recover weight on right
7-8 Sweep left foot to left turning ½ turn left, step left beside right

REPEAT

TAG

When wall 3 starts, leave out counts 1-8 and start at count 9.