

Shimmy-Shimmy

拍数: 32 墙数: 4 级数: Beginner
编舞者: Judy Smith
音乐: Baby Likes to Rock It - The Tractors



SHUFFLE FORWARD RIGHT, LEFT, RIGHT, LEFT (4 TIMES):

1-8 Right, left, right; left, right, left; right, left, right; left, right, left

TOE-HEEL DROPS RIGHT, LEFT, RIGHT, LEFT (4 TIMES):

9-10 Cross & place right toe in front of the left foot. Drop right heel to the floor.

11-12 Left toe out to side. Drop left heel to the floor.

13-14 Cross & place right toe in front of the left foot. Drop right heel to the floor.

15-16 Left toe out to side. Drop left heel to the floor.

SHIMMY (DO TWO):

17-19 Step right foot to right outside. Slide left toe to meet right foot (& shimmy shoulders).

20 Step left foot beside the right.

21-23 Step right foot to right outside. Slide left toe to meet right foot (& shimmy shoulders).

24 Step left foot beside the right.

JAZZ BOX, PIVOT ¼ TURN RIGHT, JAZZ BOX:

25-26 Step right foot across in front of left. Step left foot back.

27-28 Step right foot into ¼ turn right. Step left foot beside the right.

29-30 Step right foot across in front of left. Step left foot back.

31-32 Step right foot to right outside. Step left foot beside the right.

REPEAT
