

# Shimmies And Hips

拍数: 48      墙数: 2      级数:  
编舞者: Marg Jones (CAN)  
音乐: Love Shack (Remix/Edit) - The B-52's



Count 16 after he sings, "I can't hear you" then begin

## STEP, SLIDE TWICE, LEFT SAILOR SHUFFLE, ¼ TURN LEFT, RIGHT SAILOR SHUFFLE

- 1-2      Step forward on left, slide right next to left
- 3-4      Step left forward, slide right next to left
- 5&6      Cross left behind right while turning ¼ left, step side right, step left next to right
- 7&8      Cross step right behind left, step side left, step right next to left

## STEP, SLIDE TWICE, LEFT SAILOR SHUFFLE, ¼ TURN LEFT, RIGHT SAILOR SHUFFLE

- 9-10      Step forward on left, slide right next to left
- 11-12      Step left forward, slide right next to left
- 13&14      Cross left behind right while turning ¼ left, step side right, step left next to right
- 15&16      Cross step right behind left, step side left, step right next to left

## JUMP FORWARD, HOLD, CIRCLE HIPS TO THE RIGHT, JUMP BACK, HOLD, CIRCLE HIPS TO THE LEFT

- &17      Jump forward on left, right
- 18      Hold (with clap)
- 19-20      Circle hips to the right
- &21      Jump back on right, left
- 22      Hold (with clap)
- 23-24      Circle hips to the left

## STEP TOUCHES LEFT, RIGHT, ROLLING VINE LEFT

- 25-26      Step left to left, touch right beside left
- 27-28      Step right to right, touch left beside right
- 29-32      Vine left while making full turn, ending with right touching beside left

## SHIMMY DIAGONALLY FORWARD RIGHT

- 33      Step right forward on a right diagonal while shimmying hips
- 34      Continue shimmying hips
- 35      Touch left beside right
- 36      Hold (with clap)

## SHIMMY DIAGONALLY BACK LEFT

- 37      Step left back on left diagonal while shimmying hips
- 38      Continue shimmying hips
- 39      Touch right beside left
- 40      Hold (with clap)

## SHIMMY DIAGONALLY BACK RIGHT

- 41      Step right back on right diagonal while shimmying hips
- 42      Continue shimmying hips
- 43      Touch left beside right
- 44      Hold (with clap)

## SHIMMY DIAGONALLY FORWARD LEFT

- 45 Step left forward on left diagonal while shimmying hips
- 46 Continue shimmying hips
- 47 Step right beside left (putting weight on right)
- 48 Hold (with clap)

## **REPEAT**

### **BONUS STEPS:**

**After the 7th repeat, you'll hear him sing "the whole shack shimmies while everybody's moving around and around and around and around". Do the following extra steps, then continue from beginning of dance**

#### **SIDE SHIMMIES RIGHT, LEFT**

- 1-2 Step right to right, while shimmying hips, continue shimmying hips
- 3-4 Touch left beside right, hold (with clap)
- 5-6 Step left to left, while shimmying hips, continue shimmying hips
- 7-8 Step right beside left with feet about 12" apart, hold (with clap)
- 9-16 Shimmy hips around 4 times in to the right motion

**Optional hand movement for 9-16: put hands up in air with elbows bent at a right angle.**

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