

Shiftrock Shake (P)

拍数: 48 墙数: 0 级数: Partner
编舞者: Larry Carriger (USA) & Jody Carriger (USA)
音乐: There Goes The Neighborhood - Keith Harling



Position: Closed Position, in lines

HIP BUMPS, REPEAT

1&2 **MAN:** Step forward left & bump hips left, right, left
 LADY: Step back right & bump hips right, left, right
3&4 **MAN:** Step forward right & bump hips right, left, right
 LADY: Step back left & bump hips left, right, left
5-8 **BOTH:** Repeat counts 1-4

STEP, SLIDE, STEP, TOUCH, CROSS BEHIND, STEP, CROSS IN FRONT, HEEL, DROP CLOSED POSITION & GET INTO DOUBLE HAND HOLD

1-4 **MAN:** Step left, slide right next to left, step left, touch right toe to side
 LADY: Step right, slide left next to right, step right, touch left toe to side
5-8 **MAN:** Cross right behind left, step left, cross right in front of left, touch left heel to side
 LADY: Cross left behind right, step right, cross left in front of right, touch right heel to side

JAZZ BOX, REPEAT

1-4 **MAN:** Cross left over right, step back right, ($\frac{1}{4}$ turn left) step left, scuff right
 LADY: Cross right over left, step back left, ($\frac{1}{4}$ turn right) step right, scuff left
On count 2 let go of man's left hand, lady's right (single hand hold lady's left in man's right)
5-8 **MAN:** Cross right over left, step back left step right next to left, scuff left
 LADY: Cross left over right, step back right, step left next to right, scuff right

KICK, HITCH, KICK, HITCH, STEP, TOUCH, STEP BACK, HITCH

1-4 **MAN:** Kick left forward, hitch left over right, kick left forward, hitch left over right
 LADY: Kick right forward, hitch right over left, kick right forward, hitch right over left
5-8 **MAN:** Step forward left touch right toe behind, step back right, hitch left
 LADY: Step forward right, touch left toe behind step back left, hitch right

STEP, PIVOT, STEP, SCUFF, KICK, HITCH, KICK, HITCH

1-4 **MAN:** Step left forward, pivot $\frac{1}{2}$ right, step forward left, scuff right
 LADY: Step right forward, pivot $\frac{1}{2}$ left step forward right, scuff left
On count 2 drop hands, count 3 rejoin hands, lady's right in man's left
5-8 **MAN:** Kick right forward, hitch right over left, kick right forward, hitch right over left
 LADY: Kick left forward, hitch left over right, kick left forward, hitch left over right

STEP, TOUCH, STEP BACK, HITCH, STEP, PIVOT, STEP, TOUCH

1-4 **MAN:** Step forward right, touch left toe behind, step back left, hitch right
 LADY: Step forward left touch right toe behind step back right, hitch left
5-8 **MAN:** Step forward right, pivot $\frac{1}{2}$ left, step in place right, touch left next to right
 LADY: Step forward left, pivot $\frac{1}{2}$ right, step forward left pivot $\frac{1}{2}$ right, (in front of man) touch right next to left

On count 7, lady passes under joined hands, back into closed position

REPEAT