

Shifter

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lisa Collingwood (AUS)
音乐: No One Needs to Know - Shania Twain



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- 1-4 Touch right toe back, step back on right foot (toe strut), stomp left together, hold
5-8 Step left heel forward, slap toes down (heel strut) stomp right together, hold
- 9-12 Twist heels right, twist toes right, twist heels right, twist toes right
13-16 While turning $\frac{1}{4}$ turn right-step forward on right, scuff left while turning $\frac{1}{2}$ turn right-touch left
 toe back, step back onto left
- 17-20 Shuffle back right, shuffle back left
21-24 Stomp right together, stomp left together, twist right toes to right and left heel to left (swivet),
 twist to center
- 25-28 Step back on right, rock forward onto left, step right forward, scuff left
29-32 Touch left toes at 45 degrees left, touch left toes forward, step left across in front of right, clap

REPEAT
