

Sheba's Cha Cha (P)

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Mo Adams-Douch
音乐: One Night At a Time - George Strait



All steps given are for lady. Man's steps are on opposite feet.

- 1-4 Right heel into left instep, right toe to left instep, cha-cha-cha moving away from each other
5-8 Left heel into right instep, left toe to right instep, cha-cha-cha making ¼ turn to face each other
- 9-12 Step right to right side, slide left to right, cha-cha-cha
13-16 Rock forward on left foot, rock back on right foot, cha-cha-cha
- 17-20 **LADY:** ¾ Turn to the right into LOD, cha-cha-cha
 MAN: Left to left side, right behind left, cha-cha-cha making ¼ turn into LOD
21-24 Rock forward on left foot, rock back on right foot, cha-cha-cha
- 25-28 Step right at 45 degree angle, slide left to right, cha-cha-cha
29-32 **LADY:** Full turn to the right, cha-cha-cha
 MAN: Full turn to the left, cha-cha-cha
- 33-36 Rock forward on right foot, rock back on left foot, cha-cha-cha
37-40 **LADY:** Vine left behind man, cha-cha-cha
 MAN: Vine right in front of lady, cha-cha-cha

You have now changed places

- 41-44 **LADY:** Vine right in front of man, cha-cha-cha
 MAN: Vine left behind lady, cha-cha-cha

Now back in original position

- 45-48 Step left at 45 degree angle, slide right to left, cha-cha-cha

REPEAT
