

She's Ugly

拍数: 48 墙数: 4 级数: Improver
编舞者: Matt Atkinson (UK)
音乐: She's Ugly - Fools Gold



RIGHT DRAG, FORWARD COASTER, BACK RIGHT DRAG, BACK COASTER

1-2 Long step forward on right foot, drag left next to right
3&4 Step forward left, step right next to left, step back left
5-6 Long step backward on right foot, drag left next to right
7&8 Step left back, step right next to left, step forward left

½ PIVOT, RIGHT SHUFFLE, JUMP, HOLD, KNEE ROLLS

9-10 Step forward on right, pivot ½ turning left
11&12 Shuffle forward stepping right, left, right
13 Jump both feet shoulder width apart stepping left, right
&14 Hold
15-16 Roll both knees inwards then outwards

SIDE, TOGETHER, SIDE SHUFFLE WITH ¼ TURN, ½ PIVOT, FULL TURN

17-18 Step right to right side, step left next to right
19-20 Side shuffle with ¼ turn right stepping right, left, right
21-22 Step forward on left, pivot ½ turning right
23-24 Step forward on left onto full turn-turning right, stepping left, right

STEP TOUCH, & BACK TOUCH, STRUT, ½ TURN STRUT, ¼ TURN STRUT

25-26 Step forward on left, touch right toes behind left
&27-28 Step back on left, touch right toes in front of left
29-30 Step right toes forward, drop right heel
31-32 ½ left, step left toes forward, drop left heel
33-34 Step right toes forward, drop right heel
35-36 ¼ left, step left toes forward, drop left heel

SHUFFLE, STEP, SWAYS, HIP BUMPS

37&38 Shuffle forward stepping right, left, right
39 Step forward on left, swaying hips left diagonal
40 Sway hips right back diagonal
41&42 Hip bumps forward left diagonal, bumping left, right, left
43&44 Hip bumps backward right diagonal, bumping right, left, right

STEP, ¼ PIVOT, WALK, WALK

45-46 Change weight onto left foot, step forward right, pivot ¼ left
47-48 Walk forward stepping right, left

REPEAT