

She's Poison

拍数: 0 墙数: 4 级数: Beginner
编舞者: Kim Ray (UK)
音乐: Poison Ivy - The Deans



SECTION A

RIGHT TOE STRUT, ROCK STEP, ½ TURN LEFT, TOE TOUCHES

- 1-2 Step forward on right toe, drop right heel down
3-4 Rock forward on left, recover back on right
5-6 Touch left toe back, keeping left toe back ½ turn over left shoulder taking weight onto left
7-8 Touch right toe to right side, touch right toe next to left

9-16 Repeat counts 1-8 above

SIDE TOE STRUT, CROSS ROCK STEP (LEADING RIGHT & LEFT)

- 17-18 Step right toe to right side, drop right heel
19-20 Cross rock left over right, recover onto right
21-22 Step left toe to left side, drop left heel
23-24 Cross rock right over left, recover onto left

¼ & ½ TURN RIGHT, STEP BACK, CLICK. FORWARD ROLL & TOUCH

- 25-26 ¼ turn right stepping forward onto right, ½ turn right stepping back onto left
27-28 Step back on right, turning upper body to right side and bending slightly click fingers (weight is on right)
29-30 Step forward onto left, ½ turn left stepping back on right
31-32 ½ turn left stepping forward on left, touch right toe next to left

SECTION B

ROCK STEP, WALK BACK, CROSS ROCK & RECOVER, CROSS STEP

- 1-2 Rock forward on right, recover back onto left
3-4 Step back on right, step back on left
5-6 Cross step right over left, rock left out to left side
7-8 Recover weight on right, cross step left over right

ROCK, RECOVER & CROSS. WEAVE & ¼ TURN LEFT, ½ PIVOT TURN LEFT

- 9-10 Rock right to right side, recover onto left
11-12 Cross step right over left, step left to left side
13-14 Cross step right behind left, ¼ turn left stepping forward on left
15-16 Step forward on right, ½ pivot turn left

TOE STRUT FORWARD, ½ PIVOT RIGHT (LEADING RIGHT & LEFT)

- 17-18 Step forward on right toe, drop right heel down
19-20 Step forward on left, ½ pivot turn right
21-22 Step forward on left toe, drop left heel down
23-24 Step forward on right, ½ pivot turn left

SIDE STEPS TO RIGHT, SIDE STEPS TO LEFT WITH ¼ TURN LEFT

- 25-26 Step right to right side, step left next to right
27-28 Step right to right side, touch left next to right
29-30 Step left to left side, step right next to left
31-32 ¼ turn left stepping forward on left, touch right toe next to left

On 25-32, use your hips

REPEAT
