

She's Lying

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Ain't No Doubt - Jimmy Nail



CROSS ¼ TURN POINT, RIGHT SAILOR SHUFFLE, KICK BALL TOUCH, HEEL BOUNCES MAKING ½ TURN RIGHT

1&2 Cross right over left, left step to side making a ¼ turn right, point right out to side
3&4 Cross right behind left, step left to left side, step forward on right
5&6 Kick left forward, step left beside right, touch right toe back
7&83 Heel bounces making ½ turn right (weight now on right)

Now facing 9:00

SYNCOPATED SWITCHES WITH ½ TURN MONTEREY TURN WITH HIP BUMPS

9&10 Touch left to side, left step beside right, touch right to side
&11 Spin ½ turn right stepping right next to left, touch left toe to left side
&12 Step left in place, touch right to side (now facing 3:00)
&13-14 Hitch right knee up, touch right to right and bump hip right, bump hip to left
15&16 Bump hips to right, bump hips to left, bump hips to right while making ¼ turn left
& Replace weight forward on to left

Now facing 12:00

TOUCH AND DRAGS (TWICE), ¼ TURN TOUCH, HOLD, ½ TURN TOUCH, HOLD

17-18 Touch right toe forward, drag right foot back beside left
19-20 Touch left toe forward, drag left foot back beside right

Optional arm movements during 17-20:

As you touch toe forward push both arms forward, as you slide toe back in place pull arms back to chest

&21-22 Making a ¼ turn left on left touch right out to side, hold

Now facing 9:00

&23-24 Spin ½ turn right stepping right next to left, touch left toe to left side, hold

Now facing 3:00

HEEL JACK, TOE JACK, OUT, OUT, IN, IN, LARGE RIGHT STEP TO SIDE, SLIDE LEFT TO RIGHT

&25 Left step back slightly, heel dig right foot
&26 Replace weight on right (in place), touch left toe next to right instep
&27 Step left forward slightly, touch right toe next to left heel
&28 Replace weight on right, touch left toe next to right instep
&29 Left small step to side, right small step to side (shoulder width apart)
&30 Left step back in place, right touch beside left
31-32 Right step larger step to right, left slide beside right (weight on left)

Now facing 3:00

REPEAT