

She's Got The Rhythm

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Chris Peel (UK)
音乐: She's Got The Rhythm - Alan Jackson



SIDE, TOGETHER, FORWARD INTO HIP SWAYS FORWARD-BACK FORWARD

1-2 Side step left, slide right beside left
3&4 Step left forward into hip sways forward - back, forward

SIDE, TOGETHER, BACK INTO HIP SWAYS BACK-FORWARD, BACK

5-6 Side step right, slide left beside right
7&8 Step right back into hip sways back - forward, back

FULL TURN LEFT, INTO HIP SWAYS LEFT- RIGHT, LEFT

9-10 Spin ½ turn left while stepping right to side, spin ½ turn left on right foot
11&12 Side step left into hip sways left -right, left

FULL TURN RIGHT INTO HIP SWAYS RIGHT- LEFT, RIGHT

13-14 Spin ½ turn right while stepping left to side, spin ½ turn right on left foot
15&16 Side step right into hip sways right - left, right

STEP, PIVOT ½ TURN RIGHT INTO HIP SWAYS FORWARD-BACK, FORWARD

17-18 Step left forward into pivot ½ turn right, step weight forward onto right
19&20 Step left forward into hip sways forward - back, forward

STEP BACK, ¼ TURN LEFT INTO HIP SWAYS RIGHT- LEFT, RIGHT

21-22 Step right back, step ¼ turn left
23&24 Switch weight onto right into hip sways right-left, right

CROSS, UNWIND ½ TURN RIGHT INTO HIP SWAYS LEFT- RIGHT, LEFT

25-26 Step left across right, unwind ½ turn right
27&28 Switch weight onto left into hip sways left - right, left

CROSS UNWIND ½ TURN LEFT INTO HIP SWAYS RIGHT- LEFT, RIGHT

29-30 Step right across left, unwind ½ turn left
31&32 Switch weight onto right into hip sways right - left, right

REPEAT

BREAK

On wall 6 (facing right of home at the start)there is a considerable pause following beat 12. Maintain the rhythm and dance through it, up to beat 28. Ignore steps 29-32: instead, sway hips right, left, right to coincide with the last three beats of the track. This instruction is optional. You may prefer to finish with the pause
