

She's Burnin The Honky Tonk

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate/Advanced polka
编舞者: Sebastiaan Holtland (NL)
音乐: Burnin' the Honky Tonks Down - Alan Jackson



SHUFFLE - RIGHT SHUFFLE - LEFT BRUSH HOP ½ TURN, SHUFFLE - LEFT WITH ½ TURN

1&2 Right foot step forward, left foot together, right foot step forward
3&4 Left foot step forward, right foot together, left foot step forward
5&6 Right foot brush forward, left foot hop making ½ turn left
7&8 Making ½ turn left step left foot forward, right foot together, left foot step forward

ROCK STEP FORWARD SHUFFLE BACK, SWING STEPS BACKWARDS

1-2 Right foot step forward, left foot recover
3&4 Right foot step back, left foot together, right foot step back

Weight right foot

&5&6& Left foot hitch, right foot scoot back, left foot center, right foot hitch, left foot scoot back, right foot center, left foot hitch, right foot scoot back
7&8& Left foot center, right foot hitch, left foot scoot back, right foot center, left foot hitch, right foot scoot back

When dance the counts &5-8& swing than with your both arms in swing style, do this not the same time

¼ TURN SHUFFLES FORWARD LEFT AND RIGHT IN GALLOPS

1&2&3&4 ¼ Turn left and step left foot forward, right foot together, left foot step forward, right foot together, left foot step forward, right foot together, left foot step forward
5&6&7&8 Right foot step forward, left foot together, right foot step forward, left foot together, right foot step forward, left foot together, right foot step forward

Weight on right foot

½ TURN SHUFFLE - LEFT SHUFFLE - RIGHT, SIDE ROCK STEP WITH ½ SAILOR STEP

1&2 ½ turn left and step left foot forward right foot together left foot step forward
3&4 Right foot step forward left foot together right foot step forward
5-6 Left foot step to the left right foot recover
7&8 Left foot hook behind left foot right foot step to the right left foot step to the left with ½ turn left weight on left

SIT POSE ¼ TURN SIT POSE WITH SIDE KICK, ¼ TURN TOE TAP STEP ½ TURN SHUFFLE

1-2 Feet together bend knees sit on heels, feet together to standing position on heels in split
&3-4 ¼ turn left feet together, bend knees sit on heels, feet together to standing position and kick right foot to the right side

Weight on left foot

5&6 Right foot tap behind left, left foot hop back making ¼ turn left, right foot step back
7&8 Making ½ turn left step left foot forward, right foot together, left foot step forward

ROCK STEP FORWARD SHUFFLE BACK, SWING STEPS BACKWARDS BRUSH HOP FORWARD

1-2 Right foot step forward, left foot recover
3&4 Right foot step back, left foot together, right foot step back

Weight right foot

&5&6& Left foot hitch, right foot scoot back, left foot center, right foot hitch, left foot scoot back, right foot center, left foot hitch, right foot scoot back
7&8 Left foot center, right foot brush forward, left foot hop

Weight on left foot

On counts &5-6& swing than with your both arms in swing style, do this not the same time on - (on count 7&8 put your arms back in basic position.)

REPEAT
