

# She's A Lady

**COPPER** KNOB  
BY STEPHENETS

拍数: 40      墙数: 4      级数: Improver  
编舞者: Nancy Morgan (USA)  
音乐: She's A Lady (Dance Mix) - Tom Jones



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## WALK, WALK, STEP, PIVOT ½ TURN, TWO TRAVELING KICK-BALL-CHANGES

1-2      Walk forward right, left  
3-4      Step forward on right, pivot ½ turn to your left

## TRAVELING KICK-BALL-CHANGES (MOVE FORWARD AS YOU DO THESE) -

5&6      Kick right foot forward, set right foot down, step forward on left  
7&8      Kick right foot forward, set right foot down, step forward on left

## KICK FORWARD, KICK BACK (LEAN FORWARD), TURN ½ TURN TO RIGHT AS YOU KICK FORWARD, STOMP

1      Kick right foot forward  
2      Kick right foot back as you lean forward  
3      Turning ½ turn to right - kick right foot forward as you stand straight up  
4      Stomp right foot forward

## KICK FORWARD, KICK BACK (LEAN FORWARD), TURN ½ TURN TO LEFT AS YOU KICK FORWARD, STOMP

1      Kick left foot forward  
2      Kick left foot back as you lean forward  
3      Turning ½ turn to left - kick left foot forward as you stand straight up  
4      Stomp left foot forward

## HEEL AND HEEL AND STOMP, CLAP, BOUNCE RIGHT TWICE, BOUNCE LEFT TWICE

1&2      Put right heel forward, put right next to left, put left heel forward  
&3-4      Put left next to right, stomp right foot forward, clap  
5-6      Bounce 2 times forward on right hip  
7-8      Bounce 2 times back on left hip

## ROLL HIPS TWICE, SHUFFLE FORWARD, STEP ¼ TURN RIGHT

1-2      Roll hips counter clock wise from moving from 12:00 around back to 12:00  
3-4      Roll hips counter clock wise from moving from 12:00 around back to 12:00  
5&6      Shuffle forward - right left, right  
7-8      Step forward on left, pivot ¼ turn to right (weight is on right)

## CROSS SHUFFLE, SIDE ROCK, 2 SAILORS SHUFFLES

1&2      Cross shuffle left over right - left, right, left  
3-4      Step right to right side while lifting left slightly off ground, step back on left  
5&6      Sailor shuffle - step right behind left, step left to left side, step right to right side and slightly forward  
7&8      Sailor shuffle - step left behind right, step right to right side, step left to left side and slightly forward

**REPEAT**

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