

She Forgets

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Julie Easter (UK)
音乐: Sometimes She Forgets - Travis Tritt



RUMBA SQUARE

1-4 Step right to right side, close left to right, step right back, hold for one count
5-8 Step left back and to left, close right to left, step left forward, hold for one count

RIGHT DIAGONAL, LOCK STEP, SHUFFLE, ROCK STEP, ½ TRIPLE TURN

9-10 Step right forward facing right diagonal, lock left behind right
11&12 Step forward on right, close left to right, step forward on right
13-14 Rock forward on left foot, rock back on right
15&16 ½ triple turn left, stepping left, right, left (turning shuffle)

RIGHT DIAGONAL, LOCK STEP, SHUFFLE, ROCK, STEP, ¼ TRIPLE TURN

17-18 Step right foot forward facing right diagonal, lock left behind right
19&20 Step forward on right, close left to right, step forward on right
21-22 Rock forward on left foot, rock back on right
23&24 ¼ triple turn left, stepping left, right, left (turning shuffle)

SIDE TOUCH & CROSS TWICE, ROCK FORWARD, ½ TRIPLE TURN

25-26 Touch right to right side, step right forward across left
27-28 Touch left to left side, step left forward across right
29-30 Rock forward on right, rock back on left
31&32 ½ triple turn right, stepping right, left, right (turning shuffle)

SHUFFLE FORWARD, ROCK FORWARD, TOUCH BACK TURN, SIDE CHASSE

33&34 Left shuffle forward stepping left, right, left
35-36 Rock forward on right, rock back on left
37-38 Touch back with right toe, pivot ½ turn right, taking the weight on your right foot
39&40 Turn ¼ turn right as you chasse left stepping left, closing right, stepping left

SAILOR STEP, QUARTER TURN, WALK BACK, COASTER STEP, FULL TURN

41&42 Cross right behind left, step left to left, step right by left
43-44 Turn ¼ turn left and step back left, step back on right
45&46 Step back on left, step right beside left, step forward on left
47 Pivot on ball of left foot ½ turn left stepping back on right
48 On ball of right pivot ½ turn left stepping forward onto left

Easier option for counts 47-48: walk forward right, left

REPEAT