

# She Cat

拍数: 52      墙数: 4      级数: Intermediate  
编舞者: Gloria Johnson (USA)  
音乐: Mama Don't Get Dressed Up For Nothing (Dance Mix) - Brooks & Dunn



## DIAGONAL STEP N BUMP

- 1            Step right foot forward at 45 degree angle to the right
- 2            Bump hips forward and to the right
- 3            Step left foot forward at 45 degree angle to the left
- 4            Bump hips forward and to the left
  
- 5-8            Repeat steps 1-4

## WALK BACK, KICK

- 9-11            Walk back on right, left, right
- 12            Kick left foot forward

## WALK FORWARD, SPIN, KICK

- 13-15            Walk forward on left, right, left
- 16            Spin ½ turn to the left on ball of left foot and kick right foot forward

## WALK BACK

- 17-20            Walk back on right, left, right, left

## SHUFFLE N CIRCLE ¾ TURN TO THE LEFT

- 21&22            Shuffle left, right, left traveling in a ¼ turn to the left
- 23&24            Shuffle right, left, right traveling in a ¼ turn to the left
- 25&26            Shuffle left, right, left traveling in a ¼ turn to the left
- 27&28            Shuffle in place on right, left, right

## KICK-BALL-CHANGE

- 29&30            Kick-ball-change starting on the left foot
- 31&32            Kick-ball-change starting on the left foot

## ROLLING VINE LEFT

- 33            Step left foot to left beginning turn to the left
- 34            Swing right foot around and continue turn to the left
- 35            Swing left foot around and step down finishing full turn to the left
- 36            Touch right foot next to left

## KICK-BALL-CHANGE

- 37&38            Kick-ball-change starting on right foot
- 39&40            Kick-ball-change starting on right foot

## ROLLING VINE RIGHT

- 41            Step right foot to right beginning turn to the right
- 42            Swing left foot around and continue turn to the right
- 43            Swing right foot around and step down finishing full turn to the right
- 44            Touch left foot next to right

## SWIVEL HEELS

- 45            Swivel heels to the left

- 46 Hold one beat
- 47 Swivel heels to the right
- 48 Hold one beat
- 49-52 Swivel heels to the left, right, left, right

**REPEAT**

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