

# She Bangs

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Sho Botham (UK)  
音乐: She Bangs - Ricky Martin



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## SALSA HIP BUMPS, 3 WALKS AND KICK

1&2-3&4      Hip bumps right with lots of salsa style, hip bumps left  
5-6-7      Three walks traveling towards right, walking right-left-right  
8      Kick left forward facing  $\frac{1}{4}$  turn left

## CAMEL WALKS WITH OPTIONAL BODY BUMPS, STEP LEFT INTO OFF-BEAT CHA-CHA BASIC

9-12      Two camel walks forward (step left, tuck right under) with optional body bumps, shimmies or just lots of attitude - raise your arms, and have fun  
13      Step left to right  
14-15      Rock right forward across left, replace weight on left (end facing starting wall)  
16&17      Cha-cha-cha movement or shuffle (right-left-right) traveling and turning  $\frac{1}{4}$  to right

**Counts 14-17 are an "off-beat" cha-cha basic**

## PIVOT $\frac{1}{4}$ TURN, SHUFFLE RIGHT ACROSS FRONT OF LEFT, SIDE ROCK, REPLACE

18-19      Step left, right making  $\frac{1}{4}$  pivot turn to right  
20&21      Shuffle left-right-left across front of left traveling to right  
22-23      Side rock right to right, replace weight on left (let hips go with the flow of movement)

## SAILOR SHUFFLES AND HITCH WITH CLAP

24&25-26&27      Two sailor shuffles with lots of hip action right-left-right, left-right-left  
28&29-30&31      Two sailor shuffles with lots of hip action right-left-right, left-right-left  
32      Hitch right, right foot beside left knee, (let hips go left if comfortable for you) and clap hands

**REPEAT**

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