

She And I (P)

拍数: 48 墙数: 0 级数: Partner
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音乐: She and I - Alabama



Position: Indian Position facing OLOD

1-2 Two right hip bumps
3-4 Two left hip bumps
5-6 Hip roll from left to right (done in a circular motion to the right)
7-8 Hip roll from left to right (done in a circular motion to the right)

9&10 Shuffle down LOD left, right, left
11&12 Shuffle right, left, right, starting left turn
Dropping lady's left and bringing man's right arm over lady's head
13&14 Shuffle left, right, left, continuing left turn

Rejoin left hands and separate right hands
15&16 Shuffle right, left, right, completing turn

Right hands join in front of lady's right shoulder

17&18 Shuffle left, right, left
19&20 Shuffle right, left, right
21-22 Step and turn ½ turn (left & back right)
You will be facing RLOD, yet continue to travel down LOD
23-24 Step and turn ½ turn (left then right)
Facing down LOD

25&26 Shuffle left, right, left, starting right turn
Man drops lady's right hand and brings his right arm over lady's head
27&28 Shuffle right, left, right
Rejoin right hands and separating left hands as you complete turn to the right
29&30 Man shuffles forward left, right, left

Lady begins second turn
31&32 Man shuffles forward right, left, right
Lady completes second turn. During counts 29-32 only right hands are joined and are held slightly over lady's head

SLIDING DOOR (MAN GOES BEHIND LADY)

33-34 **MAN:** Step left behind right then right to the side
 LADY: Step left then right behind left
35-36 Cha-cha steps in place left, right, left

SLIDING DOOR (MAN GOES IN FRONT OF LADY)

37-38 **MAN:** Step right behind left then left to side
 LADY: Step right then left behind right
39&40 Cha-cha steps in place right, left, right (rejoin left hands)

41-42 Step and turn ½ turn (left and back right)
You will be facing RLOD, yet continue to travel down LOD
43-44 Step and turn ½ turn (left then right) facing down LOD
45-48 Grapevine left, right, left; slide or tap right
Grapevine is done facing outside LOD

REPEAT
