

Shania's Shoes

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数:
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音乐: Shoes - Shania Twain



RIGHT CROSS ROCK RECOVER SIDE, LEFT CROSS ROCK RECOVER & ¼ LEFT, RIGHT FORWARD, ¼ LEFT PIVOT TURN, WEAWE LEFT 5

1&2 Cross rock right over left, recover weight on left, step right to side
3&4 Cross rock left over right, recover weight on right, turning ¼ left step left to side
5& Step right forward, pivot ¼ left
6& Cross step right over left, step left to side
7&8 Cross step right behind left, step left to side, cross step right over left

BOX LEADING LEFT, LEFT BACK STEP TOUCH, RIGHT FORWARD STEP TOUCH, LEFT TRIPLE FORWARD

1&2 Step left to side, step right together, step left forward
3&4 Step right to side, step left together, step right back
5& Step left back, touch right together
6& Step right forward, touch left together
7&8 Step left forward, step right together, step left forward

RIGHT FORWARD ROCK & RECOVER, ½ RIGHT, LEFT FORWARD, ½ RIGHT PIVOT TURN, LEFT FORWARD, RIGHT & LEFT APART & TOGETHER, RIGHT BACK ROCK & RECOVER, RIGHT TOGETHER

1&2 Rock right forward, recover weight on left, turning ½ right step right forward
3&4 Step left forward, pivot ½ right, step left together
5& Step right apart, step left apart
6& Step right in, step left together
7&8 Rock right back, recover weight on left, step right together

LEFT FORWARD ROCK & RECOVER, ½ LEFT, RIGHT FORWARD, ¼ LEFT PIVOT TURN, RIGHT TOGETHER, LEFT & RIGHT APART & TOGETHER, LEFT BACK ROCK & RECOVER, LEFT SIDE DIAGONAL

1&2 Rock left forward, recover weight on right, turning ½ left step left forward
3&4 Step right forward, pivot ¼ left, step right together
5& Step left apart, step right apart
6& Step left in, step right together
7&8 Rock left back, recover weight on right, step left (to left diagonal)

REPEAT
