

The Shania Traveling Samba

COPPERKNOB
STEP SHEETS

拍数: 48 墙数: 4 级数: Intermediate samba
编舞者: Sebastiaan Holtland (NL)
音乐: She's Not Just a Pretty Face - Shania Twain



WALK WALK ROCK AND CROSS, FULL TRAVELING IN A CIRCLE

1-2 Step right forward, step left forward
3a4 Rock right to side, recover to left, cross right over left
a5 Turn 1/8 left and cross left over right, turn 1/8 left and step right to side
a6a7a8 Repeat 'a5' three more times (completing a full circle)
a Cross left over right (12:00)

WALK, WALK, ROCK AND CROSS, HOLD, FULL SWEEP TURN, SAILOR TOUCH

1-2 Step right forward, step left forward
3a4 Rock right to side, recover to left, cross right over left
5-6 Hold, sweep left front to back (beginning a full turn left)
7a8 Turn a full turn left and cross left behind right, step right to side, step left to side (12:00)

¾ TRAVELING TURN, ½ TRAVELING TURN, BOTH IN A ½ CIRCLE

a1 Turn 1/8 left and cross left over right, turn 1/8 left and step right to side
a2a3 Repeat 'a1' two more times
4 Turn 1/8 left and cross left over right (4:30)
a5 Turn 1/8 right and cross right over left, turn 1/8 right and step left to side
a6a7 Repeat 'a5' two more times
8 Turn 1/8 right and cross right over left (9:00)

BREAK FORWARD RECOVER STEP BACK BREAK BACK RECOVER PLACE, TRAVELING FULL TURN IN CIRCLE OUT OUT

1a2 Rock left forward, recover to right, step left back
3a4 Rock right back, recover to left, step right together
a5 Turn 1/8 left and cross left over right, turn 1/8 left and step right to side
a6a7a8 Repeat 'a5' three more times (9:00)

WIGGLE IN PLACE ROCK AND PLACE SIDE ROCK CROSS TURN 1/8, WALK WALK ROCK STEP TURN 1/8, ¾ TRAVELING TURN

a1a2 Bump hips left, right, left, right
a3a4 Hold

Make a fist with your right hand and move your arm in front of your forehead on shoulder position

5a6 Rock right forward, recover to left, step right together
7a8 Rock left to side, recover to right, turn 1/8 right and cross left over right (10:30)

WALK, WALK, ROCK STEP, 1/8 TURN, ¾ TRAVELING TURN

1-2 Step right forward, step left forward
3a4 Cross/rock right over left, recover to left, turn 1/8 right and step right to side
5a6 Cross left over right, unwind 1/ left and step right to side, cross left over right
a7a8 Turn ¼ left and step right to side, cross left over right, step right to side, cross left over right (3:00)

REPEAT