

# Shania Shimmy

拍数: 44      墙数: 4      级数: Intermediate  
编舞者: Lyn Dyer  
音乐: Don't Be Stupid (You Know I Love You) - Shania Twain



## TOE POINTS, CROSS AND POINTS

- 1-2            Right toe points to right, cross in front of left foot and point to left  
3-4&        Point back to right twice, bring right foot next to left  
5-6            Left toe points to left, cross in front of right foot and point to right  
7-8&        Point back to left twice on the and beat bring left foot next to right

## MONTEREY TURNS

- 9-10          Point right toe to right, on the ball of left foot do ½ turn right swinging right toe around and replace weight onto right foot  
11-12        Point left toe to left side, replace left foot  
13-14        Point right toe to right, on the ball of left foot do half turn right swinging right toe around and replace weight onto right foot  
15-16        Point left toe to left side and tap next to right foot

## SHUFFLE, ROCK BACK

- 17&18        Shuffle to the left, left, right, left  
19-20        Rock back on right foot behind left, replace weight on left  
21&22        Shuffle to the right, right, left, right with ¼ turn left  
23-24        Rock back on left behind right replacing weight on right

## LEFT SHUFFLE, RIGHT SHUFFLE, PIVOT TURN

- 25&26        Left shuffle forward left, right, left  
27&28        Right shuffle forward right, left, right  
29-30        Step forward left, pivot ½ turn right

## LEFT SHUFFLE, RIGHT SHUFFLE, PIVOT TURN

- 31&32        Left shuffle forward left, right, left  
33&34        Right shuffle forward right, left, right  
35-36        Step forward left, pivot ½ turn right

## SHIMMY LEFT CLAP, SHIMMY RIGHT CLAP

- 37-39        Take long side step left, shimmy as you drag your right foot to your left  
40            Touch right foot next to left and clap  
41-43        Take long side step right, shimmy as you drag your left foot to your right  
44            Step left foot next to right and clap

On the shimmies, hands can be placed on front of thighs. Bend knees down over beats 1&2 and straighten up over beats 3&4 so body dips down and up.

## REPEAT

---