

Shaky Ground (P)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Partner
编舞者: Corina Beelen
音乐: Shaky Ground - Delbert McClinton



WALK - WALK, SIDE ROCK RIGHT, STEP, SIDE ROCK LEFT, STEP, TRIPLE STEP (LADY STEP ½ TURN LEFT)

BOTH:

1 Right foot step forward
2 Left foot step forward
3 Right foot rock right side
& Left foot recover
4 Right foot step forward
5 Left foot rock left side
& Right foot recover
6 Left foot step forward

MEN:

7 Right foot step on place, put left hand over lady's head, both hands hold
& Left foot step on place, cross arm roll
8 Right foot step on place

LADY:

7 Right foot step forward
8 Left foot ½ turn left, step forward

WALK - WALK, COASTER STEP (LADY SYNCOPATED ½ TURN RIGHT) WALK - WALK (LADY FULL TURN LEFT) SHUFFLE FORWARD

MEN:

9 Left foot step back
10 Right foot step back
11 Left foot step back
& Right foot close
12 Left foot step forward, right hand over lady's head, both hands hold
13 Right foot step forward, lady turns inside, left hand low
14 Left foot step forward
15 Right foot step forward, sweetheart pos
& Left foot together
16 Right foot step forward

LADY:

9 Right foot step forward
10 Left foot step forward
11 Right foot step forward
& Left foot ½ turn right, together
12 Right foot step forward
13 Left foot step forward
14 Right foot ½ turn left, step back
15 Left foot ½ turn left, step forward
& Right foot together
16 Left foot step forward

WALK - WALK (LADY PIVOT TURN LEFT), WALK, ¼ TURN RIGHT, ROCK - ROCK (LADY PIVOT ½ TURN RIGHT), WALK - WALK

MEN:

17 Left foot step back, lady turns, both hands hold
18 Right foot step back, cross arm roll
19 Left foot step back
20 Right foot ¼ turn right, step side
21 Left foot rock left side
22 Right foot rock right side
23 Left foot ¼ turn left, step forward. Lady turns outside, hold right hand
24 Right foot step forward

LADY:

17 Right foot step forward
18 Left foot ½ turn left, step forward
19 Right foot step forward
& Left foot together
20 Right foot step forward
21 Left foot step forward
22 Right foot ½ turn right, step forward
23 Left foot ½ turn right, step back
24 Right foot ½ turn right, step forward

SHUFFLE FORWARD, WALK - WALK (LADY AROUND MAN), TRIPLE STEP, SHUFFLE FORWARD (LADY FULL TRIPLE TURN LEFT)

BOTH:

25 Left foot step forward, sweetheart pos
& Right foot together
26 Left foot step forward

MEN:

27 Right foot step forward, right hand over men's head, left hand low both hands hold
28 Left foot step forward, left hand and right hand now shoulder height both hands still hold
29 Right foot step on place, left hand over men's head, right hand low, both hands hold
& Left foot together
30 Right foot step on place
31 Left foot step forward, lady's turn left with right hand lead, both hands hold
& Right foot together
32 Left foot step forward

LADY:

27 Right foot cross in front, ¼ turn left in front of the men
28 Left foot ¼ turn left, step next to the men
29 Right foot step forward
& Left foot together
30 Right foot step forward (behind the men)
31 Left foot ¼ turn left on right side of the men
& Right foot ¼ turn left on place
32 Left foot ½ turn left, step forward

REPEAT
