

Shakira

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Whenever, Wherever - Shakira



SIDE RIGHT, LEFT ROCK-RECOVER, LEFT LOCK STEP BACK, RIGHT ROCK-RECOVER, LEFT STEP TURN STEP

1-2-3 Step right side right, left rock forward, recover weight to right
4&5- Left lock-step back
6-7 Right rock back, recover weight to left
8&1 Step right forward, ½ pivot left, step right forward (slightly)

LEFT SIDE TOGETHER, LEFT CHASSE ¼ TURN LEFT, RIGHT STEP-PIVOT, RIGHT LOCK STEP FORWARD

2-3 Step left side left, step right in place beside left
4&5 Step left side left, step right in place beside left, step left (¼ turn left) forward (now facing 3:00)
6-7 Step right forward, ½ pivot left (now facing 9:00)
8&1 Right lock-step forward

STEP LEFT FORWARD HIP SWAYS, LEFT SHUFFLE FORWARD, RIGHT STEP-PIVOT, RIGHT STEP-TURN-STEP ¾ LEFT

2-3 Step left forward swaying left hip forward, recover weight to right swaying right hip back
4&5-6-7 Left shuffle forward, step right forward, ½ pivot left
8&1 Step right forward, ½ pivot left, step right (¼ turn left) forward (now facing 6:00)

LEFT ROCK RECOVER, LEFT COASTER STEP, RIGHT STEP, ¼ TURN LEFT, RIGHT TOE ROCK RECOVER

2-3-4&5 Left rock forward, recover weight to right, left coaster step
6-7 Step right forward, ¼ pivot left step on to left
8& Right toe rock over left, recover weight to left (ready to step side right for count 1)

REPEAT
