

Shakin Mix

拍数: 32 墙数: 4 级数: Beginner
编舞者: Yvonne van Baalen (NL) - November 2004
音乐: Rock'n Roll Hitmix '99 - Shakin' Stevens



TOUCH HEEL FORWARD, STEP BESIDE, TWICE, TOE TOUCH, STEP BESIDE, TOE TOUCH, TOUCH

1-2 Touch right heel forward, step right beside left
3-4 Touch left heel forward, step left beside right
5-6 Touch right toe to the right side, step right beside left
7-8 Touch left toe to the left side, touch left beside right

SIDE STEP, BESIDE, SIDE STEP, TOUCH, SIDE STEP, BESIDE, ¼ TURN RIGHT, TOUCH

1-2 Step left to left side, step right beside left
3-4 Step left to left side, touch right beside left
5-6 Step right to side, step left beside right
7-8 Step with right foot ¼ turn right, touch left beside right

TOUCH HEEL FORWARD, HOOK, HEEL, STEP BESIDE WITH LEFT AND RIGHT FEET

1-2 Touch left heel forward, hook with left foot
3-4 Touch left heel forward, step left beside right
5-6 Touch right heel forward, hook with right foot
7-8 Touch right heel forward, touch right beside left

STEP ½ TURN STEP, HOLD, STEP ½ TURN STEP, HOLD

1-2 Right step forward, turn ½ left
3-4 Right step forward, hold
5-6 Step left forward, turn ½ right
7-8 Step left forward, hold

REPEAT
