Shakin' It Up



音乐: Thump Factor - Smokin' Armadillos



1-2	Step to right side with right foot, cross left foot behind right

3&4 Right shuffle to right side-right, left, right

5-6 Step to left side with left foot, cross right foot behind left

7&8 Left shuffle to left side-left, right, left

CHARLESTON

1-4 Step forward with right foot, kick left foot forward & clap, step back with left, touch right foot

back & clap

BACKWARDS CHARLESTON

5-8	Step back with right foot, touch left toe back & clap (head & body bow), step forward on left
	foot, bring right knee up & hitch

1&2	Right shuffle in place turning ½ to left-right, left, right
3-4	Rock step back with left foot, step in place with right foot

5-6	Rock forward & slightly right crossing left over right, rock back stepping back onto right foot
7&8	Left coaster step-step back with left, step right foot back to left foot, step forward with left foot

1-2 Rock forward & slightly left crossing right over left, rock back stepping back onto left foot

3&4 Right coaster step-step back with right foot, step left foot next to right foot, step forward with

right foot

BOOGIE WALKS FORWARD WITH 1/4 TURN LEFT

5 Step forward with left foot with left toes turned to right,

Step forward with right foot with right toes turned toward left,
Step forward with left foot & turn ½ left on ball of left foot,

8 Hitch right knee & clap

REPEAT