

# Shakin' It Up

拍数: 48      墙数: 2      级数: Advanced  
编舞者: Jim Ray (USA) & Tina Ray (USA)  
音乐: The Shake - Neal McCoy



## RIGHT HEEL TAPS, TWO ¼ TURNS LEFT

1-2      Tap right heel forward; tap right heel beside left  
3-4      Tap right heel forward; tap right heel to right side  
5-6      Turning ¼ left, step on right foot; kick left foot forward  
7-8      Turning ¼ left, step on left foot; kick right foot forward.

## ROLLING RIGHT GRAPEVINE; ½ TURN LEFT, ½ TURN RIGHT

9-10      Turning ¼ right, step on right foot; turning ¼ turn right, step on left  
11-12      Turning ½ right, step on right foot; point left toe to left side  
13-14      Step on left foot; pivot ½ turn left tapping right toe to right side  
15-16      Step on right foot; pivot ½ turn right tapping left toe to left side.

## ½ TURN LEFT, HIP BUMPS

17-18      Step on left foot; pivot ½ turn left and step on right foot  
19-20      Bump hips to the left twice  
21-22      Bump hips to the right twice  
23-24      Bump hips to the left; bump hips to the right.

## ½ TURN LEFT, KICK, ¾ TURN RIGHT, KICK

25-27      Step right, left, right turning ½ left  
28      Kick right foot forward  
29-31      Step on right, left, right turning ¾ right  
32      Kick left foot forward.

## FORWARD SHUFFLE, MILITARY TURN, ¼ TURN, RIGHT VINE

33&34      Step left foot forward; step right together; step left foot forward  
35-36      Step right foot forward; pivot ½ turn left  
37-38      Turning ¼ left, step on right foot; cross-step left behind right  
39-40      Step right foot to the right; tap left beside right.

## FULL TURN LEFT, HIP BUMPS

41-43      Make a full turn left stepping left, right left  
44      Tap right foot beside left  
45-46      Bump hips to the right twice  
47-48      Bump hips to the left twice.

## REPEAT

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