

Shake Up The Party

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Low Boon Hua (SG)
音乐: Balla No Pares - Joy Enriquez



Sequence: AAB AB AB ABB

PART A

OUT, OUT, BACK, CLOSE, COASTER, ROCK FORWARD, ½ TURN LEFT

1-4 Step right diagonal right, step left to left, step right back, step left beside right
5&6 Step right back, step left beside right, step right forward
7&8 Rock left forward, recover back to right, ½ turn left step left forward (6:00)

SIDE ROCK, CROSS SIDE CROSS SIDE CROSS, POINT LEFT, LEFT TO LEFT, ¼ RIGHT FORWARD SHUFFLE

1&2& Rock right to right, recover to left, cross right over left, step left to left
3&4 Cross right over left, step left to left, cross right over left
5-6 Point left to left, body weight to left (option: body roll to left)
7&8 ¼ turn right step right forward, step left beside right, step right forward (9:00)

Advanced option: 7&8 turn 1 ¼ right

CHARLESTON, PIVOT ½ RIGHT, WALK FORWARD RL

1-4 Point left forward, step left back, point right back, step right forward
5&6 Step left forward pivot ½ turn right, step left forward (3:00)
7-8 Walk forward right, left

LEFT KICK CROSS BACK, RIGHT BACK COASTER, LEFT FORWARD MAMBO, ¾ TURN RIGHT

1&2 Kick right forward, cross right over left, step left back
3&4 Step right back, step left beside right, step right forward
5&6 Rock left forward, recover back to right, step left back
Advanced option: step left forward pivot ½ turn right, ½ turn right step back left
7-8 ½ turn right step right forward, ¼ turn right step left to left (12:00)

PART B

TWIST RIGHT FOOT, BACK SIDE CROSS, SIDE CHASSE, TOUCH BALL CROSS

1&2 Touch right diagonal forward twist both heel left right, hold
3&4 Cross right behind left. Step left to left, cross right over left
5&6 Step left to left, step right beside left, step left to left
7&8 Touch right beside left, step ball of right small step back, cross left over right

TOUCH BALL CROSS, FULL TURN RIGHT, CROSS MAMBO, ROCK RIGHT FORWARD, ½ TURN RIGHT

1&2 Touch right beside left, step ball of right small step back, cross left over right
3&4 Triple step full turn right (easy option: side chasse)
5&6 Rock left over right, recover back to right, step left to left
7&8& Rock right forward, recover back to left, ½ turn right step right forward, step left forward (6:00)

17-32 Repeat 1-16 counts again to complete Part B