

Shake The Snake

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Eddie Ainsworth (UK)
音乐: Rattlesnake Shake - The Wolves



RIGHT & LEFT HEEL SWITCHES, RIGHT & LEFT CROSS SWITCHES, LEFT & RIGHT HEEL SWITCHES

- 1&2 Touch right heel forward, step right foot back in place, touch left heel forward
- &3&4 Step left foot back in place, right heel forward, cross right foot in front of left, touch left toe back
- &5&6 Cross left foot behind right, touch right heel forward, step right foot back in place, touch left heel forward
- &7&8 Step left foot back in place, touch right heel forward, step right foot back in place, touch left heel forward

LEFT & RIGHT CROSS SWITCHES, AND STEP ½ PIVOT TURN, SYNCOPATED JUMP FORWARD, CLAP

- &9&10 Cross left in front of right, touch right toe back, cross right behind left, touch left heel forward
- &11-12 Step left foot in place, step right foot forward, pivot ½ a turn over left shoulder (weight ends on left foot)
- &13-14 Jump forward right, left (feet shoulder width apart). Clap on count 14
- 15-16 Roll hips to the left (left to right)

RIGHT GRAPEVINE WITH HEEL JACKS & CROSS, LEFT GRAPEVINE WITH HEEL JACKS & CROSS

- 17-18 Step right foot to right side, cross left foot behind right foot
- &19 Step right foot to right side (slightly back), touch left heel diagonally forward
- &20 Step left foot back in place, cross right in front of left
- 21-22 Step left foot to left side, cross right foot behind left
- &23 Step left foot to left side (slightly back), touch right heel diagonally forward
- &24 Step right foot back in place, cross left in front of right

RIGHT SYNCOPATED GRAPEVINE WITH ¼ TURN, LEFT PIVOT ½ TURN TWICE, LEFT SHUFFLE

- 25-26 Step right foot to right side, cross left foot behind right
- &27-28 Step right foot to right side making ¼ turn right, step left foot forward, pivot ½ a turn over right shoulder (weight ends on right foot)
- 29-30 Step forward on left foot, pivot ½ turn over right shoulder (weight ends on right foot)
- 31&32 Step left foot forward, step right foot next to left, step left foot forward

REPEAT
