Shake It! Shake It!



拍数: 32 **墙数:** 4 **级数:** Beginner

编舞者: Aggie Marler (USA)

音乐: Built For Blue Jeans - Tyler Dean



HIP BUMPS DIAGONAL FORWARD 4X

1-2 Touch right diagonal forward while bumping right hip, step on right diagonal forward while

bumping right hip

3-4 Touch left diagonal forward while bumping left hip, step on left diagonal forward while

bumping left hip

5-6-7-8 Repeat counts 1-4

PIVOT ½ TURN LEFT, PIVOT ¼ TURN LEFT, HIP BUMPS 4X

Step forward on right (with optional hip bump), pivot ½ turn left, step on left Step forward on right (with optional hip bump), pivot ¼ turn left, step on left

5-6-7-8 Bump hips right, left, right, left (or shake your bootie when the music says "shake it", or do a

funky dance move when the music says "dance")

STEP SIDE, TOUCH 4X (WITH OPTIONAL BODY ROLLS OR HIP ROLLS)

Step right with right (optional body or hip roll), touch left beside right
Step left with left (optional body or hip roll), touch right beside left

5-6-7-8 Repeat counts 1-4

PADDLE TURN 1/4 LEFT 4X (WITH HIP BUMPS, BODY/HIP ROLLS, ETC)

1-2 Touch front with right, pivot ¼ turn left on left (bump or roll hips as you turn)

3-4 Repeat counts 1-2

5&6& Repeat counts 1-2 or double time the counts doing two paddle turns to make the ¼ turn

7&8& Repeat counts 5&6&

REPEAT