

Shake Again

拍数: 32 墙数: 4 级数: Improver
编舞者: Gaby Neumann (DE)
音乐: Drivin' My Life Away - Rhett Akins



DOUBLE HEEL, DOUBLE TOE, HEEL, SIDE TOE, TRIPLE STEP

1-2 Right heel taps front twice
3-4 Right toe taps back twice
5-6 Right heel taps front, right toe taps right side
7&8 Three steps on place right, left, right (weight on right foot)

DOUBLE HEEL, DOUBLE TOE, HEEL, SIDE TOE, TRIPLE STEP

1-2 Left heel taps front twice
3-4 Left toe taps back twice
5-6 Left heel taps front, left toe taps left side
7&8 Three steps on place left, right, left (weight on left foot)

SHUFFLES, JAZZ BOX WITH ¼ TURN

1&2 Step right forward, step left beside right, step right forward
3&4 Step left forward, step right beside left, step left forward
5-6 Step over left with right, step back on left
7-8 Place right with ¼ turn on right side, step left next to right

JUMP, CLAPP, BODY-SHAKE (RIGHT AND LEFT)

1-2 Little jump to the right, hold with clap
3&4 Shake your shoulders
5-6 Little jump to the left, hold with clap
7&8 Shake your shoulders

REPEAT

TAG

After 4th and 8th wall, 12:00

HIP BUMPS

1-4 Two hip bumps right, two hip bumps left
5-8 Hip bump right, hip bump left, hip bump right, hip bump left (weight on left foot)

CROSS STEPS

1-2 Cross step right over left, step left to left side
3-4 Step right to right side, cross step left over right
5-6 Step right to right side, step left to left side
7-8 Cross step right over left, step left to left side (weight on left foot)

KICKS

1-2 Right kick, right next to left
3-4 Left kick, left next to right
5-6 Right kick, right next to left
7-8 Left kick, left next to right (weight on left foot)